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THE NEWS-LEDGER

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41th Year ◆ No. 10 | Serving the West Sacramento Region Since 1964 | Wednesday, Oct. 20, 2004

Another choice for mayor

By Steve Marschke
News-Ledger Editor

TOM MARTIN

'I have nothing against the city council, I just feel they're being led in the wrong direction.'

West Sacramento's Tom Martin admits he's a political newcomer who's still learning. But he believes he has "about a fifty-fifty chance" to knock off incumbent Mayor Christopher Cabaldon in next month's ballot race to become the city's first voter-elected mayor. Each of the two men is chasing a two-year term at the helm of local government.

"I haven't done anything political before," said Martin in an interview this week. "I just don't like the way this city is being led. I have nothing against the city council, I just feel they're being led in the wrong direction."

A lifelong West Sacramento resident, Martin is 48 years old and has been a parking enforcement officer for the city for 15 years. He says he is running largely as a reaction to the city's growth policies.

"I'm for slower growth," he commented. "There's nothing wrong with growth – you need it to stay healthy. I want to see a little light industry, I want to see retail, I want to see some nice houses. But I'd like to take a good, close look at the city's 'high density' plan. It's okay to have high density housing on the riverfront or on West Capitol Avenue, but out there in the Southport area I don't believe high density is in the place to be."

"It's the condos I am more concerned with," Martin continued. "I'm not really fond of lofts, either – they're too close together, and what happens to one happens to all of them."

"I am doing my homework, but there's still a lot to learn" said Martin of other city issues. "I just got mad at the city council and the way they're leading us and decided to run."

Could he give an example of better-planned growth?

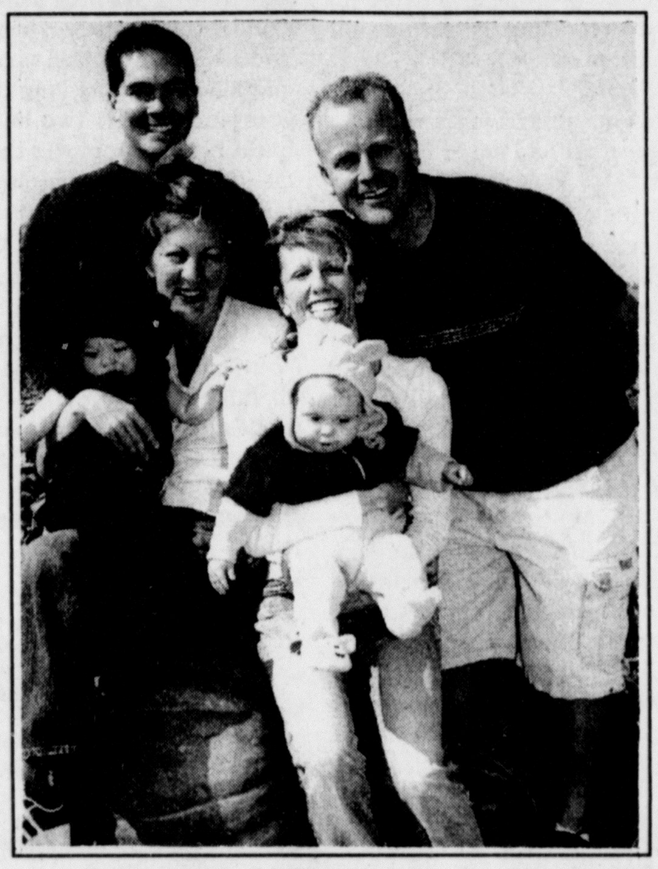
"I like what I watched Roseville do," responded Martin. "They made the developers put in the parks as soon as they put in the developments Roseville was pretty stern."

Other concerns for Martin include public safety.

"Our police and fire departments are dragging way behind," he commented. "We are understaffing the police department and need at least one more fire crew. I live in the 'State Streets' area (near Park and Jefferson boulevards) and we don't have a fire station over there at all."

Martin is married, with two kids. He graduated from the former James Marshall High School in West Sacramento.

October pilgrimage



The Keon family of West Sacramento made the short journey this week to Dave's Pumpkin Patch in Southport to pick up a gourd or two to help celebrate Halloween. Pictured are little Olivia (dressed as a ladybug), Jeff and Dina Keon, baby Kathie and Bruce Lawrence.

Photo by Barry Blacklaw

Mold problems shut 15th Street fire station

By Steve Marschke
News-Ledger Editor

A West Sacramento fire station is closed due to mold problems and other health concerns, although a fire department spokesperson said that emergency response times have not suffered much.

In September, the state's environmental health department inspected Station 41 on 15th Street between Park and Jefferson boulevards.

"They tested for different things – asbestos, lead and mold," said Captain Adrian Martinez of the city fire department. "They found the presence of all three, but mold was the biggest concern."

Trying to balance safe working conditions with service to the surrounding neighborhoods, the department initially tried to do partial service out of the ailing building. They later opted to move operations from 15th Street to another fire station at Harbor Boulevard, and to redraw the maps of responsibility for city fire stations.

"Response times for Station 41 (formerly of 15th Street) have been right around five minutes, a little more or a little less," said Martinez. "That's extended a little, but not much (from previous response times)."

Martinez added that more examination of the building, and whether it can be fixed, is underway.

"This is a temporary fix," he said.

Meanwhile, the department is also trying to find a solution to "tight and cramped" conditions at Station 42 on Gregory Avenue in the Southport area, Martinez commented. Again, the facility creates a "balancing problem between response times and working conditions for firefighters."

One possible solution is under discussion with a residential developer.

"What's in the works is that a developer is looking at building a house in back of that station for housing the firefighters, while they continue to use the apparatus room that's there," Martinez stated.

Firefighters typically live at their stations during day and night shifts.

Mayor Christopher Cabaldon said he had toured both buildings and took the problems seriously.

"Over the long run, both buildings need to be replaced," said Cabaldon. "Station 41 has had some inspection issues, and we've brought in experts to analyze them and we have an action plan to fix the problem."

Q&A

Flu & health concerns

From the Yolo County Health Department

Question: My husband and I have two children age 5 years and 8 months. Are we eligible to receive the flu vaccine?

There is a decrease in the influenza vaccine supply this year. In response to the potential crisis, the California Conference of Local Health Officers has issued the following Order: "All health care providers in California shall limit influenza vaccination to persons in high-risk categories." Of the two vaccine manufacturers, Chiron is unable to distribute the vaccine designated for the local health departments and Aventis is providing the remaining vaccine supply.

The Yolo County Health Department has determined how much vaccine is available in the county. Our local health care providers are voluntarily offering to share any excess and the health department will assist and help coordinate sharing the available vaccine.

Because of the shortage of vaccine available to the public, individuals who are not at high risk are encouraged not to receive the vaccine this year. The following are the high-risk groups who need the vaccine, not in any order of priority:

All children ages 6-23 months

Adults ages 65 years and older

Persons of any age with chronic diseases such as asthma, diabetes, heart disease

Women who will be pregnant during the flu season

Persons who live with or take care of children younger than 6 months of age

Children on chronic aspirin therapy

Health care workers involved with direct patient care

Residents of nursing homes and long-term care facilities

Please discuss your needs and that of your family with your health care provider. Good basic hygiene practices can decrease the spread of disease. Always cover your mouth when sneezing or coughing, use good hand-washing techniques and stay home from work or school if sick.

More information is available on the following websites:
California State website: www.dhs.ca.gov
Yolo County Health Department: www.yolohealth.org
Center for Disease Control and Prevention: www.cdc.gov/flu

Janitor allegedly faked time sheets, collected $20,000

By Steve Marschke
News-Ledger Editor

A 31-year old West Sacramento man who worked as a temporary custodian at various local schools turned himself in last week to be booked for suspected embezzlement. Police believe that John Robert Blackmer falsified time sheets at different schools and was paid over $20,000 for hours not worked. The arrest came after several months of investigation at Washington Unified School District and later by the police department.

"We arrested him on Friday, said Sgt. Ray Bombardier of the West Sacramento Police Department. "It was on a warrant for grand theft, involving forgery and falsification of time sheets."

Bombardier said the questionable time sheets seemed to last from about 1999 to 2002.

Rites of fall at RCHS

Frank Lopez and Jenna Alander were named River City High School's Homecoming king and queen last week.

In the accompanying football contests against Dixon High School, the River City High varsity squad was defeated 26-8, while the j.v. team from RCHS won 20-13.

Photo by Troy Blacklaw

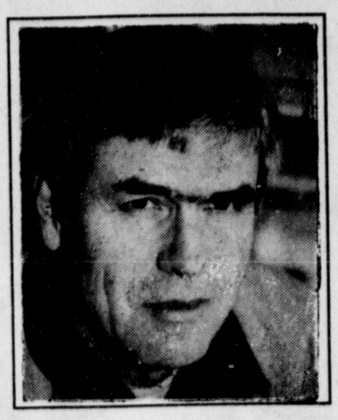
Election policies

Contributors are reminded that the News-Ledger does not accept submissions or ads that include negative campaigning of any kind in the last week before an election. In this case, the policy will hold for next week's edition and will be strictly enforced.

City council candidates are invited to contact the News-Ledger at 371-8030 with their email address or fax number to receive a questionnaire-interview for publication next week.

The truth, guys: would you go to the ER like that?

My Back Pages



By Daryl Fisher

I was over at a friend's house this past weekend leisurely watching the second half of a football game when one of those ED (erectile disfunction) commercials came on the television screen. A very pretty and obviously happy (she was smiling from ear-to-ear) middle-aged woman then went on to explain that her husband/or boyfriend was frisky as a pup nowadays, and all because of one those new Viagra-type drugs. When the commercial was over, my friend smiled over at me and said, "So, Daryl, we're at that age now you know. Tell me the truth, would you ever use that stuff?"

"I don't think so," I answered.

"But why not?"

"You wanna know the truth?"

"Sure."

"Well, it's because all of those commercials always end with the warning that if you take the drug and have an erection that lasts for more than four hours, you're supposed to go to the hospital. And no way am I ever strolling into an emergency room in that condition."

When my friend finally stopped laughing at me I added, "Think about it, when the nurse asks you what the problem is, what in the world would are you supposed to say?"

"Well," answered my friend, who has almost as many kids as I do and has spend countless hours in emergency rooms over the years, "take my word for it, by the time you get done filling out all those forms they give you, your problem will have probably gone away."

Anyway, our little conversation reminded me of the following column, which I wrote quite a few years ago on more or less the same subject:

A work friend of mine strolled up to me the other day, smiled wider than usual and said, "So, have you heard about Viagra?"

"Viagra who?" I asked.

"Viagra is not a who, stupid. It's a what!"

"Oh," I said, sure that I had never heard the word before. "Okay, so what is it?"

"It's a brand new drug that cures male impotence," he said with emphasis. "They're saying it's just like a magic bullet. No more vacuum pumps, shots, implants, none of that stuff. All you have to do now is pop a pill."

"Really?" I asked, wondering if maybe my friend was trying to tell me something.

"Here," he said, handing me the copy of Time magazine he was carrying. "There's a big article in there all about it. Guys our age really need to read it. And feel free to give it to someone else you might think needs to read it when you're done."

"Thanks," I finally said, not knowing exactly what else to say.

Later that evening, when I got home from work and had some time to thumb through the magazine, I discovered that Viagra really is a brand new drug that is proving to be 60-80 percent effective at curing most forms of male impotence. It has only been on the market for a few months, but apparently it's already the best selling new drug to come along in America since Prozac. Would-be patients have been besieging urologists' offices and sex clinics and paying between $8 and $12 a pill for a prescription.

One of the people Time magazine interviewed was Dr. Ruth Westheimer and Dr. Ruth said, "On the positive side, by the year 2004 there will be 90 million grandparents in the United States, and for them, this new drug will be a boon."

That was a pretty scary thought, both mentally and visually, but I suddenly remembered that, I, too, have high hopes of being a grandparent by the year 2004 or so and I decided to take the article a little more seriously. It wasn't that easy to do, either, because each page also had a Viagra inspired cartoon on it, including one where equally long lines of people were standing outside two buildings. One of the buildings was a movie theater and the marquee read, 'Titanic now playing', while the other building was a pharmacy, and the big sign in its window read, 'Viagra now available'.

I decided I better read the section entitled 'The Downside of Viagra', which began with the words, "Viagra may help millions of men, and even some women, but it is not a sexual cure-all. It is not an aphrodisiac and it will not work in the absence of desire. In fact, there are some risks to taking Viagra that everyone should consider before rushing to the pharmacy: One out of ten men in the clinical trials developed blinding headaches that grew more severe at higher doses; About 3 percent of users develop temporary vision problems, ranging from blurred vision to a blue or green halo effect; Viagra can trigger sudden drops in blood pressure; There may be more coital coronaries and men with coronary problems who have not had sex for many years should consult their doctors before putting too much strain on their hearts; and some men may become psychologically dependent on the drug."

"What are you reading?" asked my wife as she suddenly sat down on the couch next to me.

"Oh, nothing."

"Where did you get a Time magazine?"

"Oh, from a friend at work."

"And why did you close it when I sat down?"

"Well, it's just that, well, you know, I was kinda reading this silly article, and well, it's about this new drug for men, and well, it's called...."

"You mean Viagra?"

"Yeah," I said with surprise. "You've heard about it?"

"Of course. Everyone at work is talking about it."

"But all your work friends are women."

"So?"

"Anyway, so you've heard about Viagra? Well, what do you think? I mean, if all your work friends are talking about it, then women must be pretty excited about this new drug, too?"

"Not really."

"Why not?"

"I think women will get excited when they finally discover a new magic drug that will make our husbands want to take us out to dinner and dancing."

***

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—Henrik Ibsen

***

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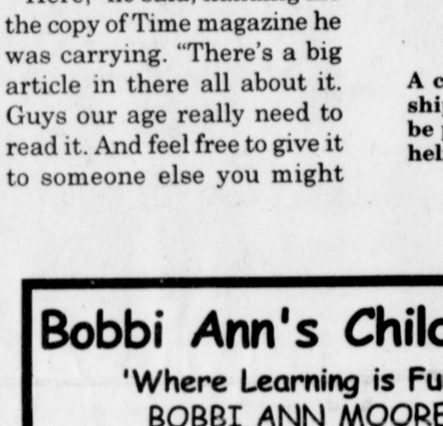
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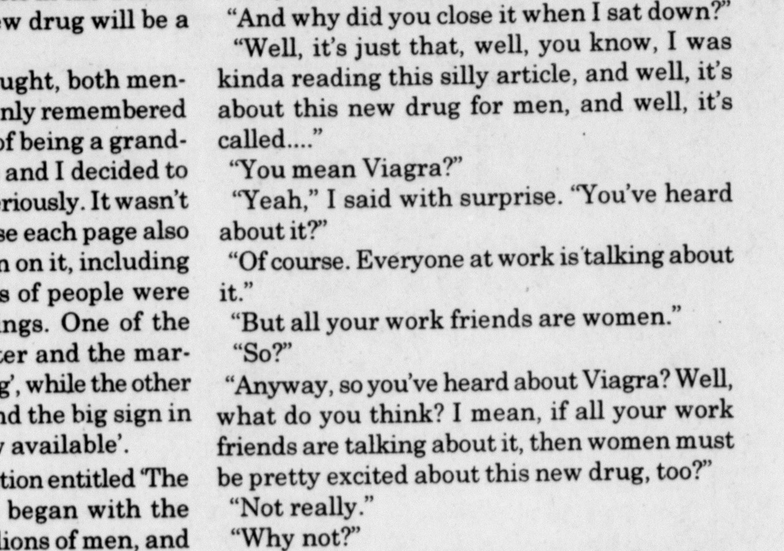

New at the library

By Elise McCallan
Arthur F. Turner Branch Library
1212 Merkley Ave.
West Sacramento

The Arthur F. Turner Branch Library has received the following new books:

"Queen: The Life and Music of Dinah Washington" by Nadine Cohodas.

"The Authentic Career: Following the Path of Self-Discovery to Professional Fulfillment" by Maggie Craddock.

"Ask Not: The Inauguration of John F. Kennedy and the Speech That Changed America" by Thurston Clarke.

"The Real Price of War: How You Pay for the War on Terror" by Joshua S. Goldstein.

"A Question of Loyalty: Gen. Billy Mitchell and the Court-Martial That Gripped the Nation" by Douglas Waller.

Call 375-6465 for information and library hours.

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The News-Ledger was founded August 14, 1964. It is the successor to the *Weekly Reader*, founded by Julius A. Feher in April, 1938, and incorporates the *West Sacramento News*, founded by Julius A. Feher in August, 1942.

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Sports Correspondent
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News submissions: The *News-Ledger* welcomes information on local news and events. Please submit written news items to the below address by mail or in person, or through the office mail slot. News deadline is Friday before publication. Please include your name for attribution and your phone number in case we have any questions.

Opinion submissions: Letters to the Editor on topics of local interest are welcome. They must be signed, original, and must include the author's telephone number and address for verification. Letters should be brief and may be edited for length or objectionable or libelous content. Deadline is Friday before publication, and letters may be mailed or dropped off at the *News-Ledger* office.

Advertising: The deadline for classified advertisements is Monday at 5 p.m., and ads should be prepaid. An ad of up to 25 words costs $3.50, plus 10 cents for each additional word, per publication. Please mail ad and payment to the address below, or drop it off in the *News-Ledger* office or through the office mail slot.

Deadline for all other advertising is 5 p.m. on Friday. Please call 371-8030 for information on display advertising and advertising inserts.

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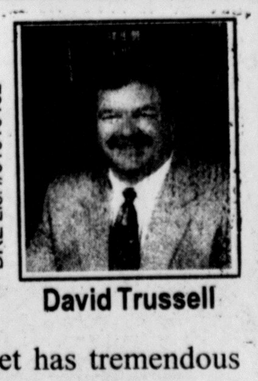
'The rest of the story'



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David Trussell

HOME SALES REMAIN ROBUST:

The current volume of home sales is surprising the experts who predicted a more sluggish market in late summer or fall of this year. At today's rate of sales, about 6.95 million homes will be sold this year – an all-time annual record.

We expected sales to ease, but it's now clear the market has tremendous momentum. The improving job market and higher consumer confidence are feeding into a large demographic demand for housing. Home sales will probably remain quite strong, even with some easing expected in the next few months.

Another key motivator driving today's robust homes sales is the continuing low mortgage interest rates. At this writing, that rate hovers around 6 percent for a 30-year, fixed-rate mortgage, and significantly less for a 15-year loan or adjustable-rate mortgage (ARM).

Considering most forecasts are projecting mortgage interest rates to only gradually rise, this could keep the housing market from taking as much of a breather as was anticipated in early summer. This year is well on the way to setting an annual record.

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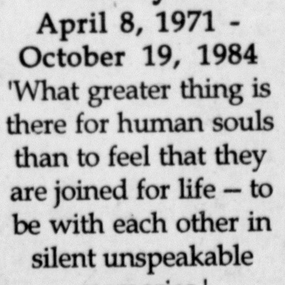
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SPORTS

SPORTS INSIDER

By Rich Novoa

The Major League baseball playoffs are close to the World Series games and the NBA is preparing for the upcoming season but the Raiders and 49ers appear to closing out their seasons. Maybe they can join the National Hockey League. The NHL continues with the player's lockout so the season will probably be lost.

Major League Baseball Playoffs

The New York Yankees put a horrible beating on the Red Sox on Saturday night scoring 19 runs and appearing to lock up the American League champions with their 3rd win in the best of seven but the curse of the Bambino is still alive.

The Red Sox took the Yanks into extra innings twice in Boston to send the series back to New York at 3-2. The Yankees will host the Red Sox on Tuesday night (5 p.m.) in game six and if game seven is necessary the two will tangle on Wednesday (5 p.m.).

In the National League the St. Louis Cardinals won the first two games only to have the Astros roar but to win three games in row in Houston. Game six moves back to St. Louis on Wednesday (1:20 p.m.). If necessary game seven will be on Thursday (5:20 p.m.).

NFL Action

The 49ers (1-5) had the undefeated New York Jets in position to win their second game of the season but Tim Rattay threw an interception in the last minutes of the fourth quarter that led to a game-winning touchdown for the Jets. The Jets punted to the Niners at the two-minute warning holding on to a slim 15-14 lead. The 49ers had the football at midfield with all three time outs and only needed 35 yards to set up the game winning field goal. Then all of sudden the real 49ers appeared and turned the ball over to New York.

I guarantee the 49ers won't lose this week. Ok, they have a Bye!

Raiders quarterback, Kerry Collins, is playing his way out of the starting with another dismal performance in Oakland's 31-3 loss to first place Denver. Collins threw more incomplete passes (16) than the 15 passes he connected on. The Raiders had 9 more penalties to add to their season total.

The Silver and Black main problem is a very simple one. They can't tackle to stop the opposing teams offense. Anybody who runs the ball against the Raiders defense looks like an All-Pro. Where are the three big defensive lineman Warren Sapp, Ted Washington and Bobby Hamilton?

Also, you look back at the NFL draft and the Raiders selected an offensive tackle but I bet you they're sorry they passed on quarterback Ben Roethlisberger, who is Steelers QB of the future.

The Raiders continue to play bad football but you can't blame Jerry Rice. Mr. Rice started the game and the Raiders didn't even throw the ball in his direction. Old number 80 has caught just two passes in the last five games. The Seahawks and Lions are interested in the NFL's greatest player of all time. The trade deadline is Tuesday!

The Raiders game was a sell-out but only after the NFL extended the black out twice. Next week the Raiders (2-4) will host the New Orleans Saints (1:15 p.m.). Expect another Black Out!

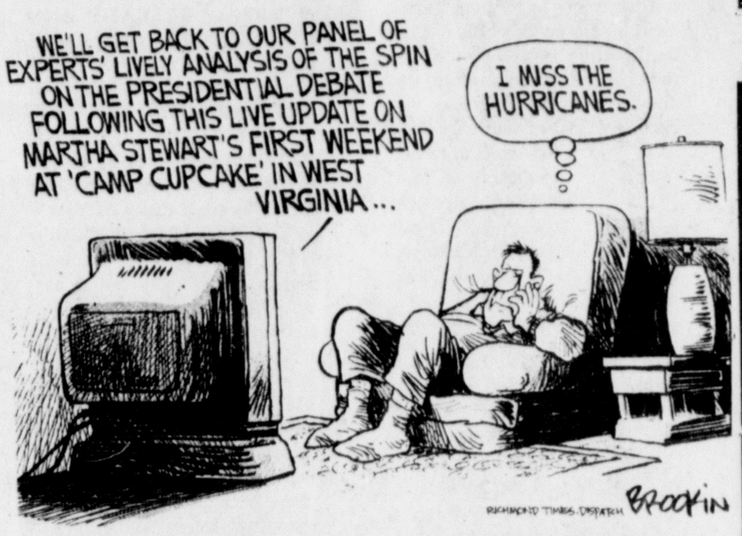
Last week I lost three out of four games but this week I plan a big comeback. Yeah, right! In Week 7 the Packers (-4) will win two in row with a victory at home against the Cowboys and the Seahawks (-6 ½) will beat Arizona. In college the Wisconsin (-13 ½) will win at home against Northwestern. On Monday night the Bengals (+6) will upset the Broncos.

Kings Korner

The Sacramento Kings and the Houston Rockets split their two-preseason games in China and now commissioner Sterns is talking about playing few regular season games in China next year. Basketball is becoming global especially after Team USA's third place finish at the Olympics in Greece. The Cleveland Cavaliers are even considering holding their training camp in Europe in 2006.

The Kings are back in California and will play the Los Angeles Lakers (7:30) in Fresno on Tuesday and Utah on Friday night. The New Orleans Hornets will visit the Kings at the friendly confines of the Arco Arena on Saturday (7 p.m.).

See ya next week!


WE'LL GET BACK TO OUR PANEL OF EXPERTS' LIVELY ANALYSIS OF THE SPIN ON THE PRESIDENTIAL DEBATE FOLLOWING THIS LIVE UPDATE ON MARTHA STEWART'S FIRST WEEKEND AT 'CAMP CUPCAKE' IN WEST VIRGINIA...
I MISS THE HURRICANES.
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Sports QUIZ

by Chris Richcreek

1. Reggie Jackson was the third Oakland Athletics player to have his number (nine) retired by the franchise. Who were the first two?
2. How many times has Colorado's Todd Helton tallied 200 hits and 100 walks in a season?
3. When was the last time before the 2003 season that the Miami of Ohio football team was nationally ranked?
4. Before the 2003-04 NBA season, when they won 50 games, what was the highest victory total in Memphis Grizzlies franchise history?
5. Name the last Canadian team other than Montreal (1993) to win the Stanley Cup?
6. Between 1952 and 1988, either a Japanese or Soviet athlete won the gold medal in the Olympic all-around men's gymnastic event. Which country won the most golds during that period?
7. How many times did Ben Hogan win the British Open?

Please see answers P. 11

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CHARMING, COMFORTABLE 3 bed, 2 bath home built by Morrison in 2002. Oak & tile kitchen, spacious family room w/fireplace, master suite w/2 closets, large yard with patio, storage shed & no neighbors behind! $352,000, 3135 Bowen Island St., call Jina & Perry, (916) 425-1270.

PRIDE OF OWNERSHIP SHOWS in this clean & bright 3 bedroom, 2 baths on cul-de-sac. Berber carpet, awesome kitchen with upgraded tile & microwave, beautiful landscaping & much more! $344,500, 1650 Fathom Place. Call Jina & Perry Palamidessi, (916) 425-1270.

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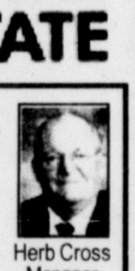

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Manager
(530) 759-7220

Debbie Bair
802-8447

Peggy Bell
203-3345

Levi Benkert
284-0050

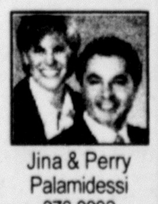
Janet Friesinger
376-8015

Kammy Hill (707)
249-6555

Terrell Lowery
849-3689

Victoria Millan
955-4044

Chris Palamidessi
376-8003



Jina & Perry Palamidessi
376-8002

Jim Piatt, Sr.
375-1122

Megan Straws
798-3364

Vicki Thomson
376-8011

FEATURED HOMES:

3 exclusive cul-de-sac home site in beautiful rural setting. Lots approx 1 acre, include awesome custom home plans. Less than a mile to new shopping center, 10 minutes to downtown Sac -- but feels miles from everything. Wonderful dream home/speculation opportunity. $695,000, 1325 Linden Rd. PENDING!

BACK ON THE MARKET: BEAUTIFULLY UPDATED 3 bdrms, 2.5 bath townhome in best location in Touchstone! Gorgeous cabinets, laminate flooring, custom paint, stainless appliances, fabulous wood deck & much more! 2 pools, tennis & RV parking too! Walk to new Nugget shopping center. $297,500, 124 Touchstone Pl., call Jina & Perry, 425-1270.

Ahead in local government

The **West Sacramento City Council** will meet at 7 p.m. tonight in public session at city hall, 1110 West Capitol Avenue.

Among the agenda items: Recognition of winners of the "Best on the Block" program; proclamation for efforts in helping homeless veterans; proclamation honoring River Cats for league championship; bids for Jefferson Tributary Sewer Cleaning; acceptance of landscaping at Pheasant Hollow; approval of Disadvantaged Business Enterprise annual goal; approval of map for "The Rivers" (formerly Lighthouse); authorization of special tax for Bridgeway Lakes; support for Prop. 72 requiring employee health care for certain employers; reorganization of part of the finance department; and other items.

The **West Sacramento Planning Commission** will meet at 6 p.m. on Thursday at city hall in public session.

Agenda items include the landscape requirement along Southport Parkway; a modification to the Rivers development agreement permit for a home at 725 Sunset Ave.; a variance to a setback at 652 Walnut St.; increase to tower height for a cell phone tower at Triangle Ct.; public workshop on the Washington Square project at 3rd and C; general plan discussion of industrial uses along South River Road south of the freeway; and other items.

Moments in time
THE HISTORY CHANNEL

• On **Nov. 1, 1512,** the ceiling of the Sistine Chapel in Rome, one of Italian artist Michelangelo's finest works, is exhibited to the public for the first time. "The Creation of Adam" was among his epic ceiling frescoes, which took years to complete.

• On **Nov. 3, 1928,** cartoon star Mickey Mouse appears in "Steamboat Willie," an animated short produced by Walt Disney. "Steamboat Willie" was the first fully synchronized sound cartoon ever produced, with Mickey's squeaky voice provided by Walt Disney himself.

• On **Nov. 4, 1939,** the first air-conditioned car, a Packard prototype, debuts at the 40th National Automobile Show in Chicago. Despite widespread acclaim, the expensive accessory would not be within the reach of the average American for several decades.

• On **Nov. 6, 1946,** actress Sally Field is born in Pasadena, Calif. Field knew as a child that she wanted to act, and by age 17 she had landed the title role in "Gidget," playing a perky teen surfer. She won Best Actress Oscars in 1979, for "Norma Rae," and 1984, for "Places in the Heart."

• On **Nov. 5, 1968,** in one of the closest elections in U.S. history, Republican challenger Richard Nixon defeats Vice President Hubert Humphrey by less than 500,000 votes. Nixon campaigned on a platform designed to reach the "silent majority" of middle-class and working-class Americans.

• On **Nov. 7, 1989,** in New York, former Manhattan borough president David Dinkins, a Democrat, is elected New York City's first black mayor, while in Virginia, Lt. Gov. Douglas Wilder, also a Democrat, becomes the first elected black state governor in U.S. history.

there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sep 10, 2004
by: /s/Ava Woodard, Deputy Clerk
Sep 29 Oct 6 13 20

Fictitious Business Name Statement
Filed Aug 31, 2004
File No. 2004-856

The following person is doing business as Yolo Fruit Stand; Wild Bird Product, 46710 County Rd 32-B, Yolo Co. CA 95776:
Bozorgchami Co., 24295 Fairway Dr., Davis CA 95616.
This business is conducted by a Corporation.
The registrant commenced to transact business under the fictitious business name or names listed above on 8/31/2004.
/s/Payam Bozorgchami, Secty. Bozorgchami Co.
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 31, 2004
by: /s/Elizabeth Montoya, Deputy Clerk
Sep 29 Oct 6 13 20

Fictitious Business Name Statement
Filed Sep 10, 2004
File No. 2004-907

The following person is doing business as Marsh Risk & Insurance Services, 777 South Figueroa St., Los Angeles CA 90017:
Marsh USA Inc., incorp. in Delaware.
This business is conducted by a Corporation.
The registrant commenced to transact business under the fictitious business name or names listed above on 10/5/99.
/s/Mark J. Dallara
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sep 20, 2004
by: /s/Linda Smith, Deputy Clerk
Sep 29 Oct 6 13 20

Fictitious Business Name Statement
Filed Sep 20, 2004
File No. 2004-865

The following person is doing business as Christian James Executive Services, 70 Utah Ave., Woodland CA 95695:
Calvin A. DeKnikker, PO Box 1701 Woodland CA 95776.
This business is conducted by an Individual.
The registrant commenced to transact business under the fictitious business name or names listed above on 9/26/91.
/s/Calvin A. DeKnikker
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sep 20, 2004
by: /s/Linda Smith, Deputy Clerk
Sep 29 Oct 6 13 20

NOTICE OF PETITION TO ADMINISTER ESTATE OF BETHANY ANN BUSH aka BETHANY ANNE BUSH aka BETHANY A. BUSH aka BETHANYANNE BUSH aka BETTY BUSH
CASE NUMBER PB04-252

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of BETHANY ANN BUSH aka BETHANY ANNE BUSH aka BETHANY A. BUSH aka BETHANYANNE BUSH aka BETTY BUSH:

A PETITION FOR PROBATE has been filed by Joseph C. Tauzin, Jr. in the Superior Court of California, County of Yolo.

THE PETITION FOR PROBATE requests that Joseph C. Tauzin, Jr. be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on Nov. 23, 2004, at 8:30 a.m. at Dept. 11 at Yolo County Superior Court, 725 Court St., Woodland, CA 95695.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a "Request for Special Notice" (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A "Request for Special Notice" form is available from the court clerk.

Attorney for Petitioner:
/s/Gene E. Pendergast, Jr.
Wilke, Fleury, Hoffelt, Gould & Birney
400 Capitol Mall, 22nd Floor
Sacramento CA 95814
(916) 441-2430
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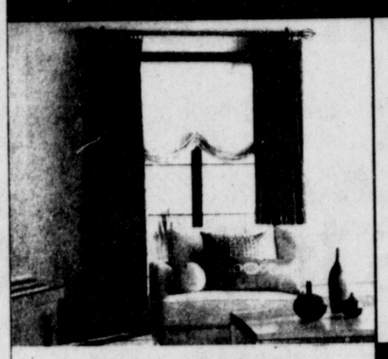

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email: dbair@golyon.com
Jim: 916.375.1122
1.800.579.3024
Debbie: 916.802.8447
Fax: 916.375.1144
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News-Ledger Directory of Local Places of Worship

Anna Street Baptist Church Rev. Norman Pollitt, 371-6560 1400 Anna St., W. Sac. Sunday School 10 a.m. Sunday Worship 11 a.m. Prayer Time 6:30 p.m. http://www.forministry.com/95605ASBC	**Community Lutheran Church** Rev. Marjorie C. Beach, Pastor 920 Drever St. ■ 371-8804 10 a.m. Worship/Sunday School Friendly, family, inclusive language. The 'come as you are' church.	**Seventh Day Adventist Church** H. Eugene Miller, Pastor 334-9315 2860 Jefferson Blvd., W. Sac. PO Box 447, W. Sac. 95691 Sat. Sabbath School 9:30 a.m. Worship 11 a.m. 372-6570
Trinity Presbyterian Church 1500 Park Blvd., W. Sac. Rev. Steve Whitney (916) 371-5875 Service: Sunday at 10 a.m. including children's programs.	**Holy Cross Catholic Church** 1321 Anna St. (near Todhunter) Rev. Chad Puthoff, SDS Sat. Vigil 5 p.m. (English) Sunday 9 (English) Noon & 7 p.m. (Spanish) Mon 8:30am, Tues-Wed 7am, Thurs. 6:45 (Spanish), Fri. 8:30 a.m. Call 371-1211	**First Southern Baptist Church** Rev. Gregory W. Kirk Sun. School 9:30 a.m. Sun. Worship 11am Wed. 6:30pm Prayer Meeting & Bible Study 2124 Michigan Blvd. 371-2111
SouthPort Community Church Pastor Bruce Maier Celebration Worship Sunday 10:30 a.m. KidLand during service. Youth & Small Group Ministry for All Ages. 2508 Industrial Blvd. 372-7818 www.southportcommunity.com	**WestSide Covenant Church** Worship Services at Collings Teen Center 1541 Merkley Ave. Sundays 10 a.m. & 6 p.m. www.westsidecov.org 371-3933	**Our Lady of Grace Catholic Church** 911 Park Blvd., 371-4814 Father James B. Walsh, Pastor Masses: Sat. Vigil 5:30pm Sunday 9 & 10:30 a.m. Weekdays 7 a.m. No Mass on Thursday
Center for Spiritual Awareness 1020 W. Capitol Ave., 374-9177 Sun. services 8:30, 10 & 11 am Meditation room opens 30 minutes prior to services. Praise & worship 15 min. prior Junior church for all ages at 10 am & 11:45 am	**Church of Jesus Christ of Latter Day Saints** 2667 Linden Road Bishop Ray Jackson, (916) 372-1113 Sunday Meeting Times: Sacrament Meeting, 9 a.m. PUBLIC WELCOME!	**New Discovery Christian Church** Meets at Southport Elementary School 2747 Linden Road at 10:30 a.m. Pastor Jerry Green (916) 600-3784

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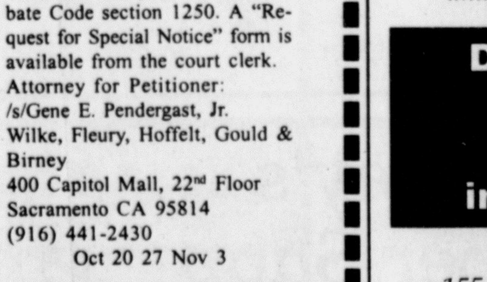
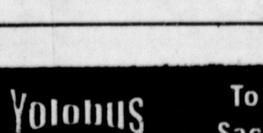


Marc L. Concepcion, D.O.
James F. Lee, M.D.
Susan Rosten, F.N.P.
Tari Smith, P.A.
Kim Hernandez, P.A.



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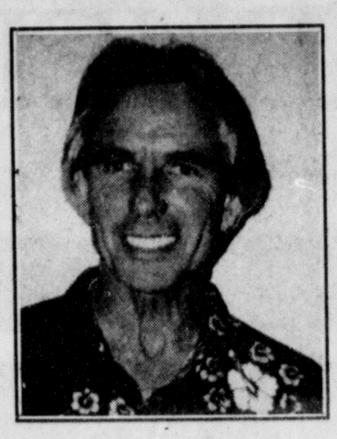
For
City Council



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***
I am enough of an artist to draw freely upon my imagination. Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world.
—Albert Einstein
***

***
I hold that a little rebellion, now and then, is a good thing, and as necesary in the political world as storms in the physical.
—Thomas Jefferson
***

MONEY SAVING IDEAS

Getting More From Your Wardrobe

(NAPS)—If you've sized up your wardrobe and feel that you have nothing to wear and no money to spend, the experts advise trying some of these tips to learn how to get more out of your existing wardrobe:

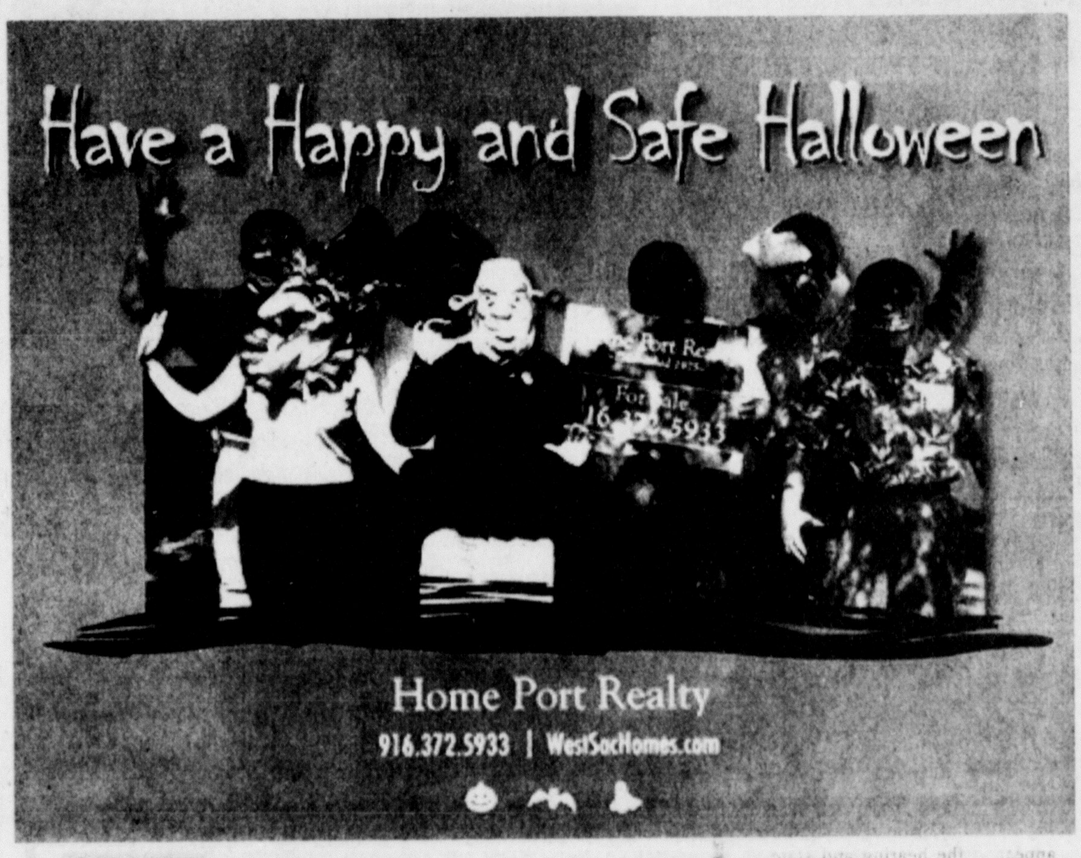
• Update your wardrobe quickly and inexpensively by buying accessories that reflect the current trends: a new handbag, a bejeweled brooch or a colorful wrap or poncho.

When buying clothes, be sure to check the labels to make sure the fabric is easy care.

• Make sure your wardrobe includes "the classics," like a little black dress, a Chanel-inspired jacket and dark blue jeans.

• Worried that your skirt length is too short and outdated? An opaque pair of tights in the same color as your skirt can bring you back in style.

• When buying a few garments to update your wardrobe, be sure to check the labels to make sure fabric is easy care. Reject fabrics that are impractical or of poor quality. Then care for your new fashions in the gentle cycle of your washing machine with a fine fabric wash—like WOOLITE®—that won't cause shrinking, stretching or fading, to help ensure that you'll be able to enjoy your clothes for seasons to come.



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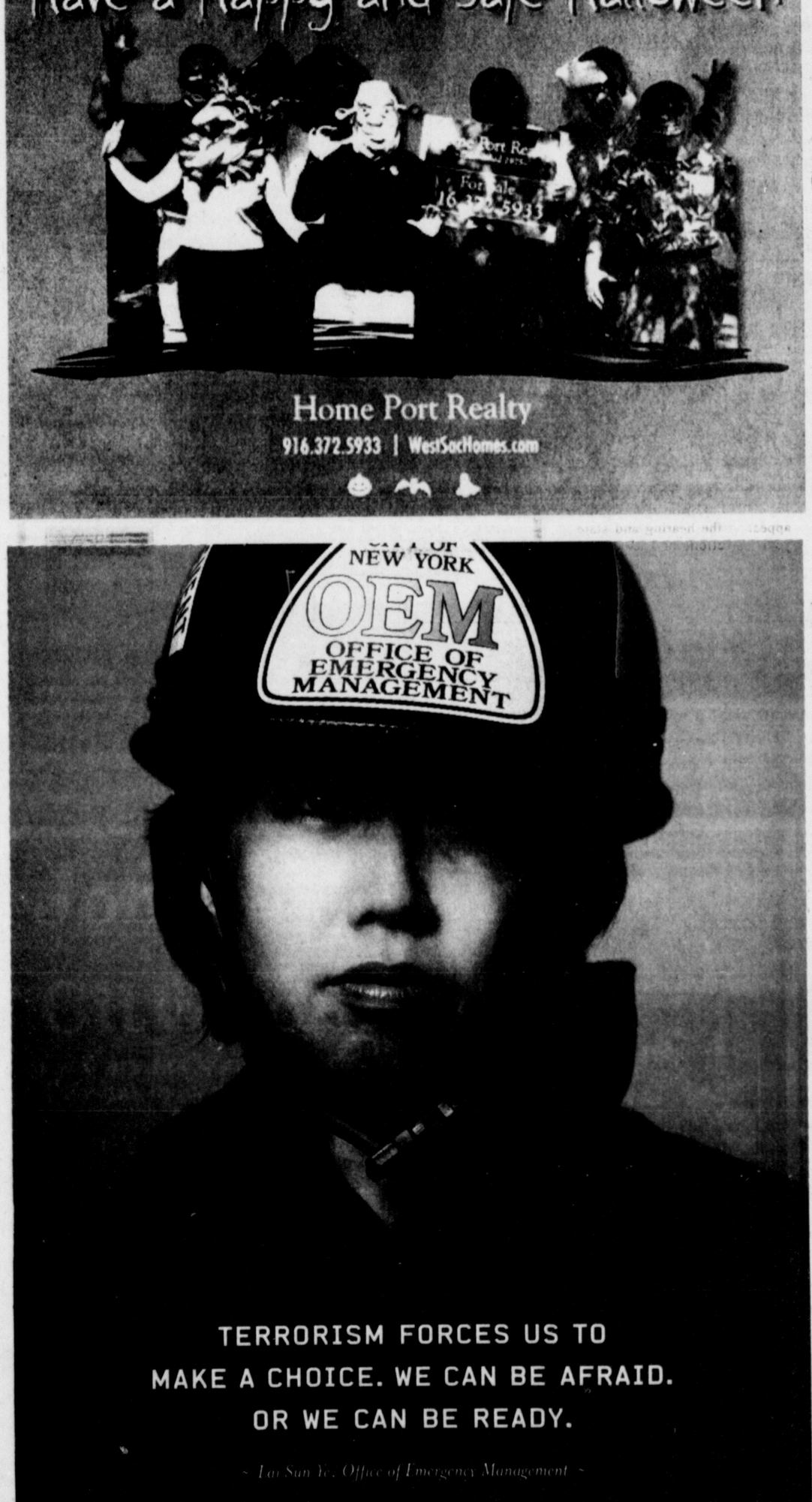
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~ Lai Sun Ye, Office of Emergency Management ~
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CAN I TAKE IT WITH ME?

When you buy a property, it usually includes the land and everything attached to it -- buildings, trees, shrubs, etc. Most buyers aren't interested in purchasing the owner's personal property. However, personal property is often included in the deal.

It's helpful for the included personal property to be established in the beginning. The seller should give a list of inclusions and exclusions to the listing broker when the house goes on the market. Fixtures may include shades, heaters, ranges, screens, storm windows, lighting fixtures, etc. Agents should spell out what is and is not included at the time of negotiations. Otherwise, there may be a misunderstanding at the close of escrow, and the sale itself could be jeopardized.

For experienced real estate help, call Debbie & Tom at:

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NOTICE OF PETITION TO ADMINISTER ESTATE OF: STEPHEN M. GRAY AKA STEPHEN MARK GRAY CASE NO. PB04-239

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both of STEPHEN M. GRAY AKA STEPHEN MARK GRAY.

A PETITION FOR PROBATE has been filed by FRANCIS D. GRAY in the Superior Court of California, County of YOLO.

THE PETITION FOR PROBATE requests that FRANCIS D. GRAY be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on 10/26/04 at 8:30AM in Dept. 11 located at 725 COURT ST., WOODLAND, CA 95695

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code Section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
ROBIN C. BEVIER

LAW OFFICE OF ROBIN C. BEVIER
A PROF. LAW CORPORATION
2479 SUNRISE BLVD
GOLD RIVER CA 95670
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18tfn

HOMES FOR SALE

BEAUTIFUL SOUTHPORT HOME: 2797 Clicker Ct., West Sacramento, $418,800 Built on large corner lot in 1991. 1800 sq ft, 4 bdrms, formal living rm, kitchen/family rm combo. High vaulted ceilings, large master bdrm with sliding glass doors to rear patio. Front & rear yards professionally landscaped. 2 large trellis cover patio areas in rear, with raised gardens & paths. Designed for entertaining & will make someone a perfect home! Call JOHN KANE, 373-5300, 'Southport Specialist,' Kane Realty & Parkside Property.
K-6tfn

HOME CLOSE TO NUGGET MARKET: 1634 Sausalito Rd., West Sacramento CA. $368,800. This is a big home, 4 bdrms, 2 full baths, lvg rm, vaulted ceilings, landscaped yard front & back, great home, great location. Move right in. Call John Kane, Kane Realty, 373=5300. Southport's top real estate broker.
SOLD!
4tfn

CHOICE LOCATION ON CORNER LOT! Check out this very nice home on corner lot with gated RV pad. Floor plan is open & light. 3 bdrms, 2 full baths with den, over 1600 sq ft of living space. Interior has fresh paint, surround sound speakers, hi-definition antenna all included. See it today -- you won't be disappointed. 3162 Allan Ave., $384,900. Call Jeff Puliz, Parkside Property, (916) 373-9600, www.jeffpuliz.com
5tfn

A GREAT DEAL: 3138 Allan Avenue, $384,800.. Newer home on big lot in well-established neighborhood. 4 bdrms, 2 1/2 baths. Call JOHN KANE, Kane Realty/Parkside Property, 373-5300.
JK5tfn

LIVE ALMOST RENT-FREE! Perfect for investors or home buyers. Let the rent offset your mortgage. Features all-new paint, carpets, kitchen & baths. Dual-pane windows & 1-car garage for each unit. GREAT state-streets location! For info & pics, go to www.jeffpuliz.com. 1807/11 Alabama Ave., $334,900. Jeff Puliz, Parkside Property, (916) 373-9600.
jk8tfn

HOMES FOR RENT

Available now! Amazing 4BR/2B, 2-car garage, 2400 sq ft. Lrg grand room 28X30, lots of storage & cabinets. 1808 Deerwood St., West Sac., in the 'Oaks' division. Walking distance to River City & Westmore Oaks. Dual zoning saves on PG&E bill. $1600/mo. Call Gloria 916-939-1220.
10

HOMES FOR RENT

$1425, Bridgeway Island, 3 bed, 2 bath, plus washer & dryer. Lease plus security depo. (707) 762-4702.
10

DUPLEXES

Deluxe 2 Bdrm duplex/condo for rent, from $750. Call cell phone (916) 849-8028. CH/A, new appliances.
DeS-17

LET US be your source for West Sacramento rentals! S&S Property Management, owner Bill Shower. Call 371-1870 or email rentals@ssproperty.com for information on what could be your next home!

LOST & FOUND PETS

FOUND: cat, Sept. 27, near Kragen's Auto. Call to describe. 372-0264.
11

FOUND: two small dogs, black & tan, near port on 10/13. Call 371-0553 & describe.
12

AUTOS & PARTS

2000 Daewoo Nubria, 55K miles, $5300 OBO, 371-3569.
10

New motor hand wheels with semilators & Michelin Tires, 6000 mi, $250. 371-3569.
10

4 GMC alloy truck wheels with hub caps, 5 lug, $75. 371-3569.
10

Chev or GMC: 6 pickup truck tires & wheels, $150. 371-3569
10

AUTOS

1990 4-door Cadillac Seville sedan, $2,000 cash. Call 372-3480.
10

BOATS & PARTS

Winch 12V $50. Steering for OB motor $50. 371-3569.
10

2001 Fisher 186 Hawk Mercury 1-0 Benami Top FishFinder & CD Player like new $14,500 OBO. 371-3569 - 764-8212.
10

APARTMENTS

Very nice large apt. over carport. Utilities & DISH TV included. Washer/dryer included. $800/mo. 371-9000.
H13

HELP WANTED

Student Intern - Recycling, City of W. Sacto. $8.00-12.00/hr. Soph-Sr in environmental science, computer science, accounting or related. For info, send SASE to HR, 1110 W. Capitol Ave, W. Sacto., CA 95691 or visit www.ci.west-sacramento.ca.us. Continuous until filled.

Florist delivery driver wanted. $7.25/hr to start. Apply with clean DMV printout to 1520 Merkley Ave., West Sacramento.
12

MISC. FOR SALE

PIANO - Yamaha T-116, like new, beautifully polished ebony, upright piano. GREAT SOUND. $4200. Purchased new Feb. 2001. Dimensions: 45 in. X 59 7/8 in. Call Pat, 371-4075.
10

Antique mantel mirror, antique secretary with curved glass front, crystal chandelier with 8 arms & 16 lights, 25"X21". 371-3569
10

SEASONED FIREWOOD, you pick up, Saturdays 8am-12pm. Walnut $100; oak $150. Call Leon, 761-6737.
11

FIREWOOD: SEASONED oak, spruce, cedar. You pick up, $220. Also Cal King mattress w/box spring, $100. 375-8834.
T-8

GARAGE & YARD SALES

Cement pillars, chimney flues, fire bricks, bicycles, scooters, treadmill, cyclone gates, B&W TVs, color TV, cabinets, farm plow, telephone poles, glass panes, windows. Call 371-8797 for info.
11

HUGE barn sale, 4951 Jefferson Blvd. (south area), Oct. 23-24. All must go: Building supplies, gas & electric pottery kilns, Grizzly woodworking equipment, much more.
10

HOUSES WANTED

I can buy your house in 10 days for cash! Call Jim, (530) 902-7228.
04-#20

CHILD CARE

FREE CHILD CARE REFERRALS: Child Care Services offers free child care referrals to licensed family child care homes and child care centers. For referrals and other information, call (530) 757-5695 or (800) 723-3001.
2004-30

PLUMBING

Plumbing service & repair. Drain work. Realistic prices, senior discounts. Call Gary at Town Craft Plumbing, 372-0871.
50tfn

State-Wide Classified Advertising

"Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates."

ADOPTIONS

PREGNANT? CONSIDERING ADOPTION? We can help! We specialize in matching families with birthmothers nationwide. Toll free 24 hours a day 866-921-0565. One True Gift Adoptions. (Cal-SCAN)

ANNOUNCEMENTS

RISE AND REBUILD. Florida Hurricane Relief Fund. To Donate: 1-800-FL-HELP-1 www.FLAHurricaneFund.org This fund established by Governor Jeb Bush. All donations are tax deductible. A copy of the official registration and financial information may be obtained from the division of consumer services by calling 850-922-2966. Registration does not imply endorsement, approval or recommendation by the state of Florida. Registration number is CH8536.(Cal-SCAN)

AUTOMOBILES

CAR DONATIONS - CHOOSE your charity: Children's Cancer, Boy/Girl Scouts, Big Brothers, SPCA, YMCA, AIDS, Housing Homeless, and many more. *Free Pickup* Tax Deductible 1-888-395-3955. (Cal-SCAN)

BUSINESS OPPORTUNITY

#1 CASH COW!!. 90 Vending Machines in 30 locations - $9,995. Call now! 1-800-836-3464. (Cal-SCAN)

ALL CASH CANDY Route. Do you earn $800 in a day? Your own local candy route. Includes 30 machines and candy. All for $9,995. MultiVend, LLC 880 Grand Blvd., Deer Park, NY 11729. 1-800-814-6047. (Cal-SCAN)

ARE YOU MAKING $1,710 per week? All cash vending routes with prime locations available now! Under $9,000 investment required. Call Toll Free (24-7) 800-963-2654. (Cal-SCAN)

SECRET SHOPPERS NEEDED for Store Evaluations. Get paid to shop local Stores, Restaurants & Theaters. Training provided. Flexible hours, e-mail required. 1-800-585-9024 ext. 6242 (Cal-SCAN)

BUSINESS SERVICES

ADVERTISE STATEWIDE! Classified & Display in multiple community newspapers. Reach millions of Californians. Tap into the power of newspapers. Call this local participating newspaper for more information. www.cal-scan.com (Cal-SCAN)

FINANCIAL SERVICES

CASH FOR STRUCTURED Settlement / Annuity payments. It's your money! Get cash now when you need it most! Oldest/best in the business. Settlement Purchasers. 1-877-MONEY-ME. (Cal-SCAN)

IMMEDIATE CASH!!! US Pension Funding pays cash now for 8 years of your future pension payments. Call 800-586-1325 for a FREE, no-obligation estimate. www.uspensionfunding.com (Cal-SCAN)

TOO MUCH DEBT? Don't choose the wrong way out. Our services have helped millions. Stick to a plan, get out of debt & save thousands. Free consultation. 1-866-410-6791. Freedompoint. (Cal-SCAN)

HELP WANTED

FIREFIGHTERS WANTED. NO exp. necessary. All training and travel provided at our expense. Max age 34 for H.S. Grads. Benefits pkg + salary. Call 1-800-345-6289. (Cal-SCAN)

INTERNATIONAL COORDINATOR - SEEKING Individual who desires to work with international teenagers - per Diem compensation/travel incentives. Also, looking for host families. Call: 1-877-998-8857 and ask for Lisa. (Cal-SCAN)

JOIN OUR TEAM and make a difference. In the California Army National Guard you can get money for college and career training. Call 1-800-GO-GUARD. (Cal-SCAN)

HELP WANTED/ DRIVERS

DRIVER - COVENANT TRANSPORT. Teams and Solos check out our new pay plan. Owner Operators, Experienced Drivers, Solos, Teams and Graduate Students. Call 1-888-MORE PAY (1-888-667-3729) (Cal-SCAN)

DRIVER - DRIVE REGIONAL! Over-the-Road - lots of miles. Great company & benefits. www.primeinc.com 1-800-771-6318. (Cal-SCAN)

DRIVER. TUITION REIMBURSEMENT for recent driving school graduates! No credit checks! Classes starting soon! Also hiring experienced OTR drivers. 800-781-2778 (Cal-SCAN)

DRIVERS - FLATBED, CLASS A, 2 yrs. exp. Local, Regional, OTR, and O/O's needed. Good pay & benefits. Call GTS, 866-437-2241. (Cal-SCAN)

HELP WANTED/ SALES

A COOL TRAVEL Job. Now hiring (18-24 positions) Guys/Gals to work and travel entire USA. Paid training, transportation, lodging furnished. Call today, Start today. 1-800-709-9885. (Cal-SCAN)

SALES. $5,500 Weekly Goal Potential. If someone did it, so can you! 2-3 confirmed appointments daily! Benefits Available. Call Catherine McFarland 1-888-543-1788. (Cal-SCAN)

LAND FOR SALE

NEW MEXICO - OWNER Must Sell! 20 Ac - $17,900. Save w/ our lowest prices ever! Perfect getaway, stunning views. Year round roads w/electric. Must see to appreciate. Don't miss out! Excellent financing. Call 1-888-917-2624. www.pinonsprings.com (Cal-SCAN)

SO. COLORADO RANCH Sale 60 acres $29,900. Outstanding Rocky Mt. views, access to 6000 ac of BLM recreation land. Getaway for a weekend or a lifetime! Elec/Tel included. Year round access, excellent financing, low down payment. Call toll-free today! 1-866-696-5263. (Cal-SCAN)

NEW MEXICO LAND Liquidation. 40 AC - $24,900. Absolute steal! Private getaway adjacent to Nat'l Forest. Survey, warranty, deed, electric, maintained roads. Few parcels remain, secure today! Must see! Excellent financing. Call 1-888-292-9711. www.nmranches.com (Cal-SCAN)

SO. COLORADO RANCH Sale 60 acres $29,900. Enjoy rural living at its best! Access to 6000 ac of BLM recreation land. Year round access, elec/ tel included. Spectacular Rocky Mt. views & stunning sunsets! Excellent financing, low down payment. Call today! 1-866-696-5263. (Cal-SCAN)

LAND/ ACREAGE

20 ACRE RANCHES. Repossessions... Near booming El Paso, Texas. $9,995. $95 down/$99 monthly. (10%/216 months) Roads surveyed. Free maps/pictures. Great location. Excellent Timing. Sunset Ranches. 1-800-343-9444. (Cal-SCAN)

ANUFACTURED HOUSING

A BRAND NEW 2005 Manufactured Home, $21,900. More factory direct specials online at www.azchampion.com or call 1-800-965-1603. (Cal-SCAN)

MEDICAL SUPPLIES

ABSOLUTELY NO COST to you!! Brand New Power Wheelchairs and Scooters. Call toll free 1-800-843-9199 24 hours a day to see if you qualify. (Cal-SCAN)

NEW ELECTRIC WHEELCHAIRS & Diabetic Supplies. At no cost. If eligible. Scooter type w/basket or fold-up. Medicare or Private Insurance accepted. TLC Medical Supplies, Inc. 1-888-601-0641. (Cal-SCAN)

MISCELLANEOUS FOR SALE

ANNOUNCEMENT: NOW HIRING for 2004 Postal Jobs. $17.50-$59.00/hr. Paid Training. Full Benefits. No Experience Necessary. Green Card OK. For listings call 1-866-895-3696 Ext. 4000. (Cal-SCAN)

FREE 4-ROOM DIRECTV System includes installation. 4 mo. free programming w/NFL Sunday Ticket subscription. Over 205 channels! Limited time offer. S&H, restrictions apply. 1-800-360-4039. (Cal-SCAN)

NOW HIRING For 2004 Postal Jobs. $16.90-$59.00/hr. Paid Training. Full Benefits. No Experience Necessary. Green Card OK. For listings call 1-866-399-5718 ext 3000. (Cal-SCAN)

POSTAL POSITIONS! NOW Hiring for 2004 - $16.00 - $58.00+/ hour. Federal hire w/full benefits, paid training and vacations. No experience necessary. For listings call 1-866-317-0558 ext.131. (Cal-SCAN)

OUT OF STATE REAL ESTATE

MONTANA PROPERTY - 4+ Acres $49,990 - Minutes from the Helena National Forest and Canyon Ferry Lake with 360 degree mountain views. Horses allowed, septic approved, hard surface road. 1-888-770-2240. www.atlanticland.info (Cal-SCAN)

REAL ESTATE

LAND AUCTION 200 Properties must be sold! Low down/E-Z Financing. Free catalog. 800-536-9154. www.landauction.com (Cal-SCAN)

ARIZONA BEST BARGAIN, 36 acres - $39,900. Beautiful ranch in Williams/Flagstaff area, perfect 6,100' climate. Spectacular mountain views. Affordable financing. AZLR 1-877-282-5263. (Cal-SCAN)

STEEL BUILDINGS

BUILDING SALE! "Rock Bottom Prices!" Quick Delivery. Beat next price increase. Go direct/save. 20x26, 25x30, 30x40, 35x60, 40x80, 45x90, 50x100, 60x180. Others. Pioneer 1-800-668-5422. (Cal-SCAN)

UNCLAIMED BUILDINGS. Two left 25x40, three left 30x40, four left 40x60 one left 50x100. Will sell for balance owed. Brand new. Never erected. Toll Free 866-660-2221. (Cal-SCAN)

ADVERTISE HERE & REACH MILLIONS!

Or advertise in the News-Ledger's local classified ad section for only $12 per month (up to 25 words). Call 371-8030.

OPINION

Letters to the Editor

With gratitude

On Saturday afternoon I fell on the sidewalk on Park Boulevard near Acorn Court. I was not able to get back up by myself.

Fortunately, two women and a boy in a passing car saw I needed help. They stopped to help me and all three comforted me. They called the fire department to aid as well.

I did not get the names of these kind people, but I hope they read this and get the message that their kindness was very much appreciated. Thank you.

ROBERT LEAMON
West Sacramento

Unhappy with Cabaldon and McGowan

Perhaps the City of West Sacramento Mayor Christopher Cabaldon, and Yolo County Supervisor Mike McGowan are misinformed about the Washington Unified School District. We have improved and we are progressing despite the obstacles that the city has placed before us. We are struggling to keep up with the rapid growth that some city council members have thrust upon us, with no help from the current mayor or county supervisor. In fact, they flatly refused to work with us to secure a piece of land for the new high school. They seem to want to criticize and take control of the school board rather than work as partners. Other cities within the region work hand in hand as partners with their school district, why doesn't ours? Just what is their agenda?

Whatever happened to the infamous blue ribbon committee? Was it just a political smoke screen to take pressure off of the decisions the mayor was making? The want-to-be Joe Serna, Mayor Cabaldon, is using West Sacramento as a stepping stone for a greater political career. Perhaps he should leave now as he has an address in West Sacramento but actually resides across the river in another county.

Perhaps the country supervisor should look at the social services provided to our families and students. Students must come to school ready to learn. Students attending low performing schools need social and medical services that are not being provided by the county.

Do we need to improve, sure we do, but it takes a clear picture of the dynamics of our students, the state budget and the way school districts can finance schools. The State of California must approve the school sites before we can build the schools!

The city mayor and county supervisor have a very foggy vision. Did "new blood" improve Sacramento schools? The school board has worked very hard to improve our schools. I am proud of the decisions we have made this past year given the state's educational dynamics and budget crisis. It takes a true partnership between the city, county and school district to make improvements. The current city and county leadership, Cabaldon and McGowan, are not willing partners. I suggest they stop criticizing and become constructive partners or move on!

Just for the record, many of us felt Christopher Cabaldon was "fresh blood" for our new city. We trusted him to lead us into "smart growth", not congested growth. Just look at what has happened to our city under his leadership. He mentioned West Sacramento was "stagnant" for 50 years. What an insult to our parents and this community that struggled to receive county services. The competition for county funds with Davis and Woodland was a struggle for West Sacramento. The citizens voted to become a city to improve police and fire services the county was not providing. Measure J and K were passed on the premise that the fire and police departments would be fully staffed to keep up with the growth occurring within our city. Why are these departments still understaffed? Why are there no firemen staffed at the 15th Street Fire Department? Were funds not set aside to improve these facilities? How long will it take them to respond from outlying locations? Perhaps Mayor Cabaldon and Supervisor McGowan should take a hard look at their elected jurisdictions. What is happening in their backyards? Are you trying to deceive the citizens of West Sacramento by focusing on the school district rather than the city and county problems?

Mayor Cabaldon and Supervisor McGowan, our community believes in a democratic society, not a socialistic society. As a longtime McGowan and a first term Cabaldon supporter, I am deeply disappointed in both of you! Move on! It is time for "new blood" in the leadership of the city and county. The leadership of the school district is doing a good job and there are good things being planned for the future. Irene Eklund does not deserve such criticism from either of you! She has contributed more to the citizens and students of this community than either of you put together. She is a true leader! She can make difficult decisions and still hold her head up high! Can you? She can be seen participating in school activities, do either of you participate or even mentor students?

The Sacramento Bee stated that Tom Martin is not ready to manage our city. I thought the city manager, who gets paid a great deal of taxpayer money, manages the city? Is Mayor Cabaldon "micromanaging?"

PAT FLINT
Trustee, Washington Unified School District

We need more retail businesses

As a West Sacramento resident, I would like to point out what I am taking into consideration when voting for the positions of mayor and city council. I am taking into consideration which candidate I believe will bring more retail to the city. This city has long been the industrial dumping ground for the city of Sacramento. We have more than enough industrial development nearby. The residential growth, which I believe is a good thing for the city, has brought with it the need for retail growth. We need businesses, not more warehouses.

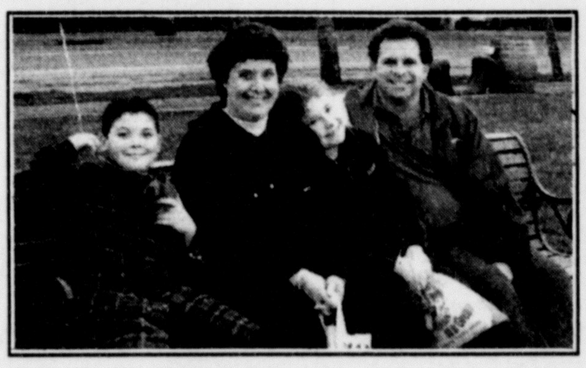
I do not think West Sacramentans should have to drive to Natomas or other parts of Sacramento to do their shopping. It takes sales tax revenue out of the city and county and is also an inconvenience. Mervyns, Target, Lowes, and family restaurants, not just another McDonalds, would be nice for the residents of this city. You (the city) brought and are bringing increased residential development, now support it.

STEVEN UNGLES
West Sacramento

From mayoral candidate Tom Martin

The major Sacramento newspaper did two stories on me and why I am running for mayor of West Sacramento. In neither article did the Sacramento Bee print any of my concerns. It wrote about my job as a parking enforcement officer with the City of Sacramento, and how I dressed, and my facial hair. Yes, I am a parking enforcement officer, and I wear blue jeans and have a beard. Can I lead the City of West Sacramento? Absolutely. Can I put on a nice pair of slacks and a polo shirt? Sure I can. And why do I have a beard? Well, here's why I have a beard for those of you that don't know

Please see LETTERS, p. 10



Karl Machschefes for School Board

- **EXPERIENCED.** Four years board leadership, five years as a classroom teacher and 12 years in the construction and design industry.
- **KNOWLEDGABLE.** Providing valuable insight into the design process of the new high school.
- **NEW IDEAS.** Full-day kindergarten for all kids. Delaine Eastin, former Secretary of Education, supports the idea -- why can't we?
- **LEADERSHIP.** I have provided new ideas, new directions and a new result for WUSD. With your continued support we can accomplish a lot more.

KARL MACHSCHEFES FOR SCHOOL BOARD

10.27 PAID POLITICAL AD

Fictitious Business Name Statement
Filed Oct 12, 2004
File No. 2004-1010

The following person is doing business as Impressionable Inklings, 2475 Pheasant Hollow Dr., West Sacramento CA 95691:

Carol Michon Witters and James L. Witters, same address.

This business is conducted by Husband and Wife.

The registrant commenced to transact business under the fictitious business name or names listed above on 10/12/04.

/s/James L. Witters

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Oct 12, 2004
by: /s/Carol Grein, Deputy Clerk

Oct 20 27 Nov 3 10

Fictitious Business Name Statement
Filed Oct 14, 2004
File No. 2004-1027

The following person is doing business as Cents-Able Designs, 1023 Canna Way, West Sacramento CA 95691:

E. Jane Lowas, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 10/14/04.

/s/E. Jane Lowas

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Oct 14, 2004
by: /s/Valerie Clinton, Deputy Clerk

Oct 20 27 Nov 3 10

Fictitious Business Name Statement
Filed Sep 2, 2004
File No. 2004-876

The following person is doing business as Dunnigan Water Works, 5160 C.R. 99W, Dunnigan CA 95937:

Grant Park Development, Inc., a Calif. Corp., PO Box 61, Paso Robles CA 93447.

This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on 9/24/02.

/s/Jerry Burger, VP
Grant Park Development Inc.

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sep 2, 2004
by: /s/Ava Woodard, Deputy Clerk

Oct 6 13 20 27

Fictitious Business Name Statement
Filed Sep 2, 2004
File No. 2004-871

The following person is doing business as Grant Park Home Sales, 5130 C.R. 99W, Dunnigan CA 95937:

Grant Park Development Inc., a Calif. Corp., PO Box 61, Paso Robles CA 93447.

This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on 12/21/99.

/s/Jerry Burger, VP
Grant Park Development Inc

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sep 2, 2004
by: /s/Ava Woodard, Deputy Clerk

Oct 6 13 20 27

Fictitious Business Name Statement
Filed Sep 21, 2004
File No. 2004-955

The following person is doing business as Classic Craft, Wooden Ship Boatworks, Complete Boat Repair, Keaton Boats, 8509 Folsom Blvd., Sacramento CA 95826:

Gary L. Minnis, 1807 Trinity Way, W Sac., CA 95691.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 1980. Previous fictitious business name number 99-625.

/s/Gary L. Minnis

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sep 21, 2004
by: /s/Elizabeth Montoya, Deputy Clerk

Oct 6 13 20 27

Fictitious Business Name Statement
Filed Sep 15, 2004
File No. 2004-929

The following person is doing business as Luxury Nails, 2050 Town Center Plaza #B140, West Sacto CA 95691:

Vu Thanh Nguyen, 1673 Galliner Ct., Folsom CA 95630.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 9/15/04.

/s/Vu Thanh Nguyen

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sept. 15, 2004
by: /s/Carol Grein, Deputy Clerk

Oct 13 20 27 Nov 3

NOTICE OF PETITION TO ADMINISTER ESTATE OF Erich Hundertmark
CASE NUMBER PB04-245

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, Erich Hundertmark:

A PETITION FOR PROBATE has been filed by John W. Welch in the Superior Court of California, County of Yolo.

THE PETITION FOR PROBATE requests that John W. Welch be appointed as personal representative to administer the estate of the decedent.

THE PETITION FOR PROBATE requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on Oct. 27, 2004,, at 8:30 a.m. at Dept. 11 at Yolo County Superior Court, 725 Court St., Woodland, CA 95695.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a "Request for Special Notice" (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A "Request for Special Notice" form is available from the court clerk.

Attorney for Petitioner:
/s/John W. Welch
25 North School Street
Lodi CA 95240-2112
(209) 333-1414
Oct 6 13 20 fax.mail

Fictitious Business Name Statement
Filed Sep 28, 2004
File No. 2004-979

The following person is doing business as Bridgeview Market, 330 3rd St., West Sacramento CA 95605:

Clemente Melchor and Ana Maria Melchor, 5870 Nina Way, Sacramento CA 95824.

This business is conducted by Husband and Wife.

The registrant commenced to transact business under the fictitious business name or names listed above on 9/28/04

/s/Clemente Melchor
/s/Ana Maria Melchor

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sep 28, 2004
by: /s/Valerie Clinton, Deputy Clerk

Oct 20 27 Nov 3 10

NOTICE OF HEARING
November 4, 2004

The West Sacramento Planning Commission will consider the following matters on Thursday, November 4, 2004, at West Sacramento Civic Center, Council Chambers, 1110 West Capitol Avenue, West Sacramento, California, at the times as specified or as soon thereafter as the matters may be heard:

6:00 p.m.
REGULAR AGENDA

1. Public Hearing for a General Plan Amendment and Rezone Eliminating the Planned Development 15 Overlay Zone (GPA 04-10)

The applicant is requesting adoption of Planning Commission Resolution 04-04, recommending adoption of Resolution 04-105, changing the General Plan Designation from Office (O) and Highway Service Commercial (HSC) to Business Park (BP) and Highway Service Commercial (HSC) and adoption of Ordinance 04-20 recommending elimination of Planned Development 15 Overlay Zone. The project site area totals 46.8 acres and consists of 29 parcels and is rounded by Harbor Boulevard, U.S. Highway 50, and Beacon Street. A Negative Declaration has been prepared for the project in accordance with the California Environmental Quality Act (CEQA) Guidelines. The Planning Commission will forward a recommendation to the City Council, who will take final action on this project. APPLICANT: Ramcon Engineering & Environmental Contracting, P.O. Box 1026, West Sacramento, CA 95691 OWNER: All property owners within the Planned Development 15 Overlay Zone (JB)
Stephen M. Patek, Director
Community Development Department

If you challenge any of the above items in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City of West Sacramento at, or prior to, the public hearing

Oct 20

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It's designed to break your heart. The game begins in the spring, when everything is new again, and it blossoms in the summer, filling the afternoons and evenings, and then as soon as the chill rains comes it stops, and leaves you to face the fall alone.

— Bart Giamatti

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PUZZLES & COMICS

Amber Waves

by Dave Phipps

THESE BUGS ARE DRIVING ME CRAZY!
HEY! THEY'RE LEAVING, I SURE LOVE THE FALL!
YOU CAN SIT OUTSIDE AND NOT BE BOTHERED BY THEM.
GREAT.

R.F.D.

by Mike Marland

CONGRATULATIONS ON WINNIN' FARMER-OF-THE-YEAR HARMON!
THANKS, SIM!
IS IT TRUE THEY'RE GONNA PUT YOUR FACE ON THE WHEATIES BOX?!
NAW! THAT'S JUST FOR ATHLETES!
PUMPKIN HILL FARM
US GUYS THEY PUT ON GRAIN BAGS!
ACME FEEDS

Out on a Limb

by Gary Kopervas

The Spats

by Jeff Pickering

THE GRANDKIDS ARE COMING OVER... SO BE CAREFUL WITH YOUR LANGUAGE.
I'M ALWAYS CAREFUL.
I'M ALWAYS "CAREFUL" TO SAVE THE "JUCIEST" STUFF JUST FOR THEM.

HOW KIN I HELP YA?
WE HOPE YOU CAN CONVINCE J. WELLINGTON WIMPY TO RUN FOR MAYOR!
ARE YA NUTS?!...
...YA KNOW HE'S NEVER HAD A STEADY JOB...
...HE MOOCHES FER GRUB EV'RY CHANCE HE GITS...
...Y'LL NEVER FIND A LAZIER...MORE SHIF'LESS LAND-LUBBER!
...HE KIN SLEEP EIGHT HOURS A NIGHT...
...AN' NAP THREE HOURS A DAY...
...IF YA ELECT HIM MAYOR...
...Y'LL GUARANTEE NUTHIN' WILL EVER BE DONE!
EXACTLY!

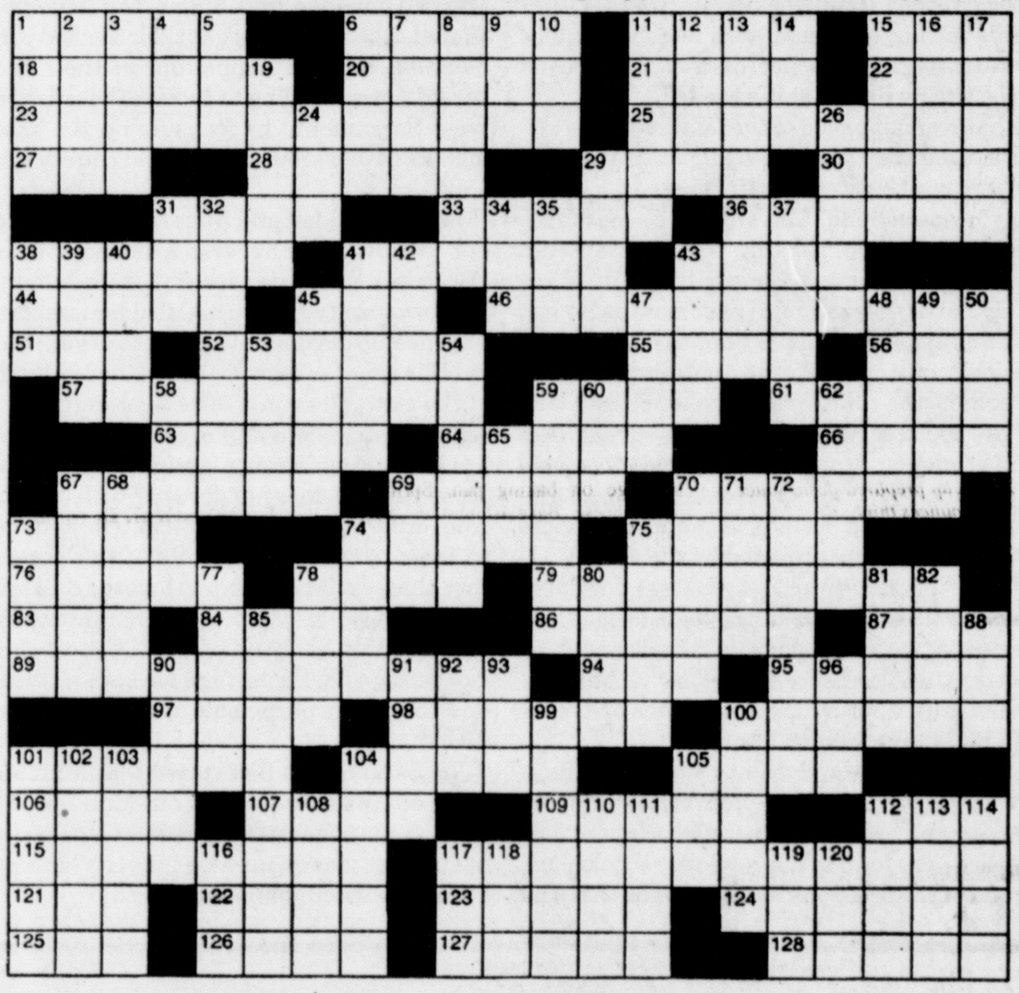
FLASH GORDON
DALE ARDEN
DR. HANS ZARKOV
FLASH GORDON
BY JIM KEEFE
USING HOLOGRAMS AND CAREFULLY AIMED LASER BLASTS, FLASH STAGES A MOCK ALIEN INVASION.
THE STAKES ARE HIGH. IF AN ARMADA ISN'T IN PLACE IN TIME FOR THE REAL INVASION, THE LOSS OF LIFE WILL BE CATASTROPHIC!
THE REPORTS FROM BOSTON HAVE BEEN CONFIRMED, MR. PRESIDENT.
OUR NATION IS UNDER ATTACK!
OUR RESPONSE MUST BE QUICK AND DECISIVE.
WHAT ARE OUR OPTIONS?
THE CHAIN OF EVENTS IS FAST AND FURIOUS.
SECRET INTELLIGENCE GROUPS WHICH HAVE PLANNED FOR SUCH CONTINGENCIES MOVE INTO ACTION.
THIS ISN'T JUST A CHANCE ENCOUNTER LIKE ROSWELL, GENTLEMEN.
THIS IS A FULL-SCALE INVASION.
WE HAVE NO OTHER ALTERNATIVE.
ACTIVATE OPERATION ARMAGEDDON!
NEXT: BATTLE OVER BOSTON!

Super Crossword

HOG WASH

ACROSS
1 Off-the-wall
6 Ukrainian city
11 Peepers, to Pope
15 Arrange type
18 Repeated
20 French spa
21 Rain heavily
22 Gob
23 Start of a remark
25 Earmark
27 Asian holiday
28 Annual award?
29 Shake — (hurry)
30 Hurries
31 Depraved
33 Pile up
36 Squirrel's stash
38 Snake-charmer's crew
41 Outcast
43 Globule
44 Riyadh religion
45 Damone or Dana
46 Part 2 of remark
51 Neighbor of Fla.
52 Rice dish
55 Waikiki wing-ding
56 Salute for Caesar
57 Unaware
59 Wee serving
61 Poe crow
63 Ain't right?
64 Type of cabbage
66 Part of NB
67 High-rise building?
69 Part 3 of remark
70 Know-it-all
73 Semester
74 Prickly plant
75 Hellman's "The Little —"
76 Marsh sight
78 It should be square
79 Put an end to
83 Carnival site
84 Dentist's directive
86 "The — Kid" ('84 film)
87 Meyers of "Kate & Allie"
89 Part 4 of remark
94 Corn portion
95 Broadcast in July
97 Bates or Rickman
98 Cheerless
100 One of the Waughs
101 Elegant
104 — terrier
105 Salchow kin
106 Sludge
107 Bloomsbury buggy
109 Bookstore section
112 Actress Cassidy
115 Managers
117 End of remark
121 Be hurnan
122 MD's area
123 Riser's relative
124 Home on the range?
125 "So there!"
126 Man, for one
127 At daybreak
128 Gushes

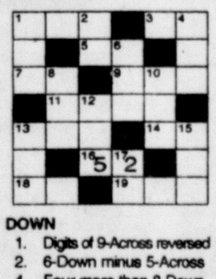
DOWN
1 "Miss Lonely-hearts" writer
2 Dull pain
3 Atkins or Huntley
4 Holyfield stats
5 "Definitely!"
6 He's abominable
7 Rara —
8 One-dimensional
9 Label
10 Whichever
11 Iridescent stones
12 Hamlet or Herman Munster
13 Where to spend leva
14 Smash letters
15 Flight segment
16 Consumed
17 Lock
19 Name of a Day
24 "My Gal —" (1905 tune)
26 Butcher-shop display
29 '75 Wimbledon winner
31 Age
32 Garlic hater
34 Bad start
35 Contented sigh
37 — d'Alene, ID
38 Spy org.
39 '52 Winter Olympics site
40 Spill the beans
41 Navigate
42 Bill of Rights grp.
43 — major
45 Like some leaves
47 Chew out
48 Sheltered spot
49 Happening
50 Russo of "Get Shorty"
53 Maintain
54 Beset
58 Delibes opera
59 "Rusalka" composer
60 Ely or Darling
62 Disconcert
65 "Stroker —" ('83 film)
67 Get cracking
68 It's kept in a quiver
69 Bikini part
70 Opposite
71 Way out
72 Merit
73 Hatcher of "Lois & Clark"
74 Crooked
75 Raid
77 Adz and awl
78 Chow —
80 Actor Parley
81 Viscount's better
82 Cart
85 Nursery items
88 Hotel
90 Desert refuges
91 Dutch town
92 — Lanka
93 "— the fields we go . . ."
96 Smoked delicacy
99 Response
100 Be
101 Sheep sheds
102 "M" man
103 Blue hue
104 Social group
105 Sternward
108 TV's "— People"
110 Barbecue fuel
111 The — 500
112 Mature
113 From the top
114 Gets by (with "out")
116 Mai —
117 Ideologue's suffix
118 Singer's syllable
119 Cock and bull
120 Dem.'s opponent



Rational Numbers

by Linda Thistle

Using the clues, simple arithmetic, and a little logic, place a single digit (0 to 9) in each empty box in the diagram. To help you get started, two digits have been entered in the diagram.



ACROSS
1. The last digit is the sum of the other digits
3. Seven more than 17-Down
5. Digits of 7-Across reversed
7. Sum of the digits of 1-Across
9. 1-Across minus 6-Down
11. 3-Across times 18-Across
13. 1-Across plus 4-Down
14. 10-Down minus 8-Down
16. Four times 14-Across
18. Seven more than 2-Down
15. Consecutive digits in descending order

DOWN
1. Digits of 9-Across reversed
2. 6-Down minus 5-Across
4. Four more than 8-Down
6. One-third of 15-Down
8. Two hundred less than 1 3-Down
10. Two hundred more than 1-Down
12. Thirty more than 19-Acr.
13. The last digit is the sum of the other digits
15. Consecutive digits in ascending order
17. 7-Across plus 14-Across

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See answers Page 11

MAGIC MAZE ● "R" ARTISTS

I D A X V S Q N K I F D A X V
T Q O M M J H F C A Y W U R P
R N L J A S H F D B Z X N R V
T I R Q N A L O M K U I O L H
F D L E R E M B R A N D T L B
Z Y B E A I W O E V I T G E R
Q U V H Y O O S K N N L N W K
R I P I H F S N E H O D I K C
R A A Z X U W R E V T D M C U
R S D L O G G N I R R O E O Q
O N M R K I T T E S S O R R J

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Man Ray
Raphael
Redon
Rembrandt
Remington
Reni
Renoir
Riley
Ringgold
Rivera
Rodin
Rossetti
Rothko
Rousseau
Rubens

HOCUS-FOCUS

BY HENRY BOLTINOFF

FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

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6	4	8	6	3	4	3	2	4	3	6	3	5
E	S	B	N	R	M	O	G	O	A	D	D	Y
6	8	6	8	6	8	4	5	4	6	3	7	6
U	E	R	A	I	G	O	O	T	N	B	D	G
2	4	5	4	7	4	7	3	8	4	7	3	6
O	H	U	E	U	R	T	L	R	G	I	O	L
3	8	4	2	6	2	5	6	8	7	4	8	4
C	E	O	A	O	L	W	V	E	E	I	A	N
2	3	6	4	2	5	8	2	3	8	7	3	5
S	K	E	G	A	R	B	R	R	L	S	E	I
2	7	2	5	7	8	3	7	3	5	3	5	7
E	R	S	T	E	E	M	D	O	E	V	A	E
2	3	5	7	5	2	3	7	5	7	5	7	7
E	E	P	F	O	T	D	I	E	N	M	E	D

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

DINING, TRAVEL & ENTERTAINMENT

THE CHOPPING BLOCK

by Philomena Corradeno

MUSHROOMS ARE A DIETER'S DELIGHT

In the past few years we've been bombarded with warnings about the excess pounds — indeed obesity — in adults and, sadly, among children. Health professionals are telling us that losing those extra pounds, whether just a few or a lot, can help us attain better health and live a happier, longer life. So, all kinds of diets hit the public, and some are pretty extreme.

The problem most people face is trying to lose weight without losing interest in food. To add variety to meals and keep calories and carbs down, think mushrooms.

In our first recipe, white mushrooms and mozzarella dressed with pesto are wrapped in a slice of ham instead of bread. Mushrooms are low enough in calories and carbs to serve two for a main dish, one for a side. As an alternative to french-fried potatoes, try portabello "fries" served with the Wrap, or as a flavorful side dish with meat or fish.

The Garlicky Stuffed Mushrooms make a tasty addition to a family meal or a gutsy hors d'oeuvres or first course when you have guests. For a little less aggressive bite, cut down on the garlic.

If you'd like a leaflet with recipes and more about mushrooms' role in a healthy diet, send a self-addressed, stamped, No. 10 (business size) envelope to Dieting With Mushrooms, c/o Lewis & Neale, Inc., 35 East 21 Street, New York, NY 10010.

MUSHROOM AND HAM WRAPS

- *1 (8-ounce) package fresh white mushrooms, sliced (about 3 cups)*
- *1 (7-ounce) jar roasted peppers, drained and sliced (about 1/2 cup)*
- *1/2 cup shredded mozzarella cheese*
- *1/4 cup prepared pesto sauce*
- *8 ounces thinly sliced deli ham*
- *4 lettuce leaves*

In medium bowl, combine mushrooms, peppers, cheese and pesto sauce. Place ham slices on a work surface; top with lettuce leaf, cut to fit. Spoon mushroom mixture over lettuce, dividing evenly. Roll ham around mushroom filling to make a cone. Yield: 4 servings (8 wraps)

CRISP PORTABELLA "FRIES"

- *4 medium portabella mushroom caps (about 1 pound)*
- *1 large egg*
- *1/4 teaspoon salt*
- *1/8 teaspoon ground black pepper*
- *1/3 cup plain dried bread crumbs (unflavored)*
- *2 tablespoons vegetable oil*

Cut portabellas in 1/2-inch-thick slices. In small bowl beat egg with salt and pepper; on plate, spread breadcrumbs. Dip mushroom slices in egg mixture then coat with breadcrumbs, shaking off excess. In large skillet, over medium heat, heat oil. Add portabella slices (do not crowd); cook, turning often, until golden on all sides, about 5 minutes. Repeat with remaining mushrooms. Yield: 4 portions (24 fries)

GARLICKY STUFFED MUSHROOMS

- *24 medium white mushrooms, wiped clean, about 1 pound*
- *3 tablespoons olive oil, divided*
- *1/2 cup chopped red pepper*
- *1/4 cup minced green onion (scallion)*
- *2 cloves garlic, minced*
- *1/3 cup Gourmayo Caesar Ranch mayonnaise*
- *1 to 2 tablespoons grated Parmigiano Reggiano cheese*

Remove and finely chop mushroom stems; reserve caps. Heat 2 tablespoons oil in medium skillet. Sauté chopped stems, bell pepper, onion and garlic until tender. Stir in mayonnaise.

Heat oven to 425 F. Brush mushroom caps with 1 tablespoon oil. Spoon filling into mushroom caps. Arrange on baking pan. Sprinkle with cheese. Bake 10 minutes, until caps are tender and filling is hot. Makes 4 to 6 side-dish servings.

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CELEBRITY extra

by Evelyn Green

Q. I have a question for you that has stumped many of my friends. Several years ago I learned that Barbra Streisand has a half sister who is also a performer with an outstanding voice. Over time I forgot who this other singer is and wonder if you could enlighten me. All of my friends think I'm imagining this. Please set them straight. — *Betty N.*

A. Tell your friends that you're not imagining this. Barbra Streisand does indeed have a half sister with a remarkable singing voice. Her name is Roslyn Kind. She's done some films and television over the years, but her career has been focused mostly on concerts and cabaret appearances that almost always end with standing ovations.

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Q. On the TV show "Judging Amy," with Amy Brenneman, is the woman who plays her mother also her mother in real life? — *Monique K.*

A. Tyne Daly is not Amy Brenneman's mother. She is, however, Tim Daly's ("Wings") sister.

But there is a "real life" mom involved in the show, since, as Brenneman (who plays Judge Amy Gray) has pointed out, the series is based on her mother's life.

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Q. I was wondering if you have any idea how I could locate information on how to purchase the TV show "Moving On" that aired in the late 1970s and starred Claude Akins. My dad was an extra in one of the shows, called "The Witching Hour," and we've searched for years trying to be able to buy this. — *Rhonda*

A. I'm told that someone at your local video store can probably go online to find out if "Moving On" was ever reproduced on video or DVD, and if so, which episodes were used. Another suggestion is for you to

Amy Brenneman

contact AFTRA (the union that represents actors who do television work) to inquire about its DVD and/or video archives. Below are the addresses and phone numbers for AFTRA's Los Angeles and New York City offices:

In Los Angeles, write to John Russum, Executive Director, AFTRA, 5757 Wilshire Blvd., 9th Floor, Los Angeles, CA 9003. Phone: (323) 634-8100

In New York, write to Stephen Burrow, Executive Director, AFTRA, 260 Madison Ave., 7th Floor, New York, NY 10016. Phone: (212) 532-0800.

Good luck, and let us know how your search turns out.

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Q. I know you'll think this is a weird question, but someone said that Farrah Fawcett has a daughter who does television shows but uses another name. Please confirm. — *Jean T.*

A. The actress you named in your letter is not Farrah Fawcett's daughter. Fawcett has no daughters. She does, however, have a son, Redmond, with Ryan O'Neal.

Have a question for Evelyn? E-mail her at letters.kfws@hearstsc.com, or write to her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Be beautiful. Be a man. Do what no one can.
—Art Garfunkel

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We can be beautiful at all ages. Feminine beauty comes in all shapes, sizes, colors, ways.
—Lauren Hutton

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When our memories outweigh our dreams, we have grown old.
—Bill Clinton

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Everyone is the age of their heart.
—Guatemalan proverb

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CRITIC'S CORNER

By D.N.A Smith

"Shark Tale"

Running time: 92 minutes
MPAA rating: PG

The makers of "Shark Tale" would like you to think their movie is a lot like "Finding Nemo," that way they'll get you into the theater. Sadly, once you've bought your ticket and begin watching the film, you'll realize you're a victim of the ol' Bait & Switch. "Finding Nemo" it ain't. And that's the reason "Shark Tail" flounders.

The film tries to capture the same look as "Nemo," but it lacks the attention to detail that Pixar gave Nemo's undersea environment. The humor in "Nemo" was derived from the emotions of the characters and their situations, but the humor in "Shark Tale" isn't character-driven — the filmmakers instead hit you with a barrage of gross-out sight gags, bad jokes, ethnic stereotypes and pop-culture references, most of which fall flat. There are a few gags (the whale wash and a cute scene involving a freaked-out shrimp cocktail) that work; but they are few and far between.

"Shark Tale" stars Will Smith as Oscar, a fish who works at a whale wash (a car wash for whales). One day, a shark tries to eat Oscar, but the shark slams into an anchor and dies. Oscar gets the rep of Shark Slayer, and now the shark mob wants to get Oscar.

The subplots include a love triangle between Oscar, a good-girl fish named Angie (Rene Zellweger) and a naughty-girl fish (Angelina Jolie); and the son of the shark don who is a vegetarian. Hey, a shark who wants to be a vegetarian? Where have I seen that before? Oh yeah, in a better fish cartoon. I won't give it away, but it rhymes with "Finding Nemo."

Luca (Vincent Pastore) and Don Lino (Robert De Niro).

Don't waste your money on this movie. If you must see it, wait for it to come out on video and rent it.

GRADE: D

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TEST DRIVE

by Greg Zyla

2004 VW Passat 4MOTION Wagon
Base price: $26,130
Price as tested: $28,535

This week, we test drive Volkswagen's popular 4MOTION Passat Wagon, powered by a 1.8-liter turbo four-cylinder engine. Recently, we drove the diesel-powered Passat and gave it high marks; the gas-powered all-wheel-drive model is pretty much in the same class, although expected EPA mileage is way lower than the diesel.

Previously 4MOTION was available only in the V-6 and V-8 Passat, but now those who like the four-cylinder's economy and turbo pep can enjoy one of the world's best all-wheel-drive systems. Using a torque-sensing Torsen center differential, 4MOTION helps provide the sure-footed control and performance that demonstrate Volkswagen's German-engineering expertise.

New for 2004 across the Passat line are side rearview mirrors with integrated turn-signal indicators, new wheel designs, and seatbelt reminder and fuel-cap-seal warning lights. We especially like the fuel-cap sensor, as a loose or open fuel cap usually triggers the "check engine light" because the air-fuel ratio is disturbed. Passat GLS models also receive the Monsoon Sound System as standard equipment.

Under the hood sits the 1.8-liter turbocharged four-cylinder engine mated to an optional ($1,075) five-speed automatic transmission with Tiptronic driver-shift mode. The engine develops 170 horsepower at 5,900 rpm and 166 pound-feet of torque from just 1,950 rpm up to 5,000 rpm. This torque advantage allows the Passat to accelerate from 0 to 60 mph in 8.8 seconds while returning 28 mpg highway and 20 mpg city. The compression ratio is 9.3 to 1, so premium fuel is recommended.

Inside, Passat GL and GLS owners will enjoy a new deluxe velour seat fabric and extremely comfortable seating. Our tester came with the optional ($280) Electronic Stabilization Program with brake assist, which helps automatically stabilize the vehicle in emergency maneuvers.

All Passats utilize a four-link front and wishbone rear suspension setup, resulting in a fully independent format. Add four-wheel disc brakes (fronts are vented) and next-generation Anti-lock Braking System (ABS) with Electronic Differential Locks for increased control, and you have a wagon that performs like some of the best sports cars on the road. Beautiful 15-inch alloy wheels and all-season tires are standard.

Passat's agile road execution is complemented by the now-expected body stiffness, but don't read "uncomfortable" into this statement. Volkswagen designers use special reinforcement measures just about everywhere, and the result is tight-fitting exterior panels, no squeaks or rattles, and excellent crash resistance. Other safety notables include a Side Curtain Protection airbag supplemental restraint system in addition to the usual dual front airbags.

2004 VW Passat 4MOTION Wagon

Likes: Value for money spent, 4MOTION, turbo engine, craftsmanship.

Dislikes: Back-seat headrests hinder view, rear armrest cup holders.

All Passats feature the expected standard equipment such as air, powers and cruise control. Bonus features include a driver-oriented instrument cluster; sliding front- and folding rear-center armrests with storage; and an illuminated, lockable glove box with an adjustable cooling feature.

Important numbers include a wheelbase of 106.4 inches, curb weight of 3,322 pounds, 39 to 56.5 cubic feet of cargo volume (depending on seat position), and fuel capacity of 16.4 gallons. There is room for five, but the center adult will be a bit cramped.

Other options on our tester included a cold-weather package for only $325, which gives much appreciated heated seats. California emissions ($150) and destination ($575) pushed the final price to $28,535.

There's not much to complain about in this 4MOTION Volkswagen, so we'll bestow a rating of nine on a scale of one to 10, similar to the rating we gave its sibling Diesel.

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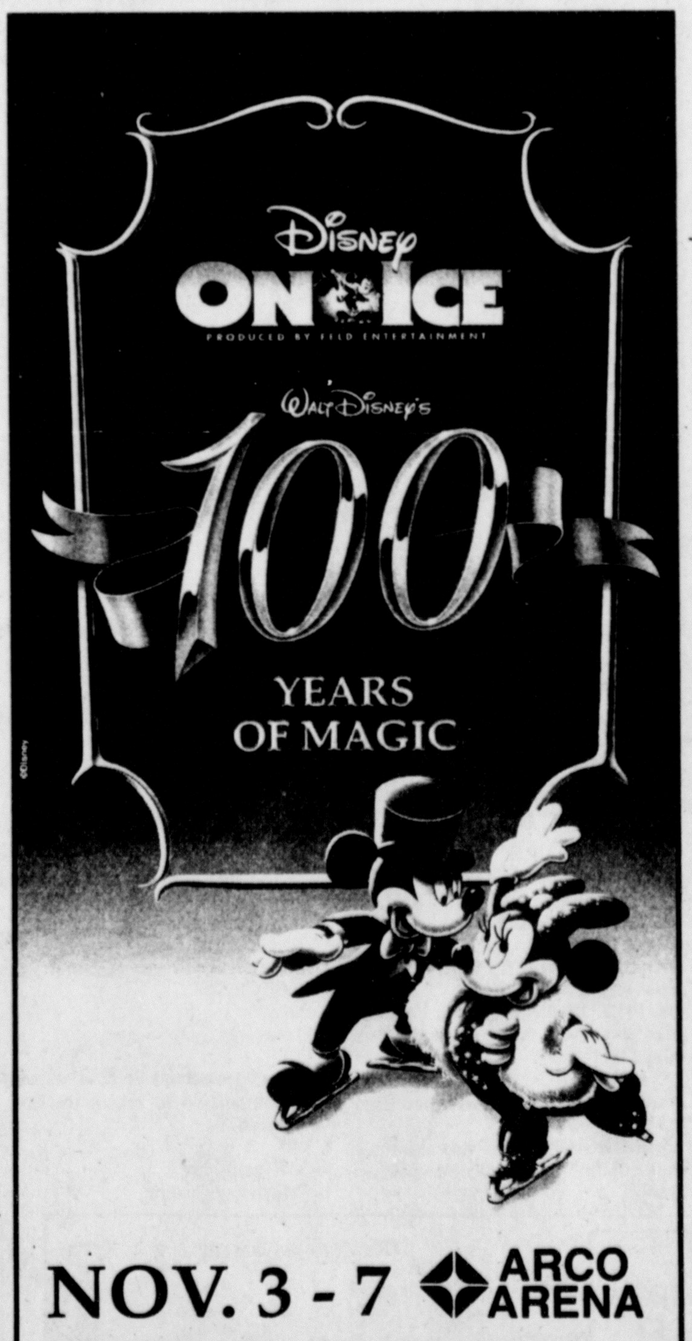
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MEET THE CANDIDATES

All of the candidates vying for slots on the five person school board of the Washington Unified School District were invited to answer written questions from the News-Ledger. Here are responses from several; more will follow in next week's edition.

Evelyn 'Irene' Eklund

Incumbent

What specific skills would you bring to the school board?

I would bring the following skills to the board:

16+ years of school board experience

16+ years of proven leadership

What are your top two priorities while on the board?

The two top priorities of the board include, but are not limited to, the following:

Ensuring that all students reach their maximum potential

Provide resources for district employees to do an effective job

How would you describe a board member's job duties and relationship with staff?

District board member's duties and relationship with staff:

A board sets policy for the district. It also ensures fiscal and programmatic oversight of the district's programs.

A board must establish a partnership with staff. It is through that partnership that ideas are exchanged and that staff is able to carry out the policies adopted by the board.

Aside from new campuses and campus renovation, what are the

The following are the district's greatest accomplishments in the last five years:

Continuous improvement of test scores

A balanced budget

The expenditure of hundreds of thousands of dollars for state approved text books

The recognition of a number of schools in the district as "distinguished" at both the state and national levels

What are the district's greatest challenges over the next five years?

The greatest challenges for the next 5 years include:

Planning for growth

Ensuring that fiscal resources are available

Improving student achievement – test scores

Implementing smaller learning communities so that no students fall between the cracks

Adopting state standards, textbooks and materials

Involving parents in the decisions made at schools and in the district

How has the district come up short in the past five years?

The district came up short in the following areas over the last five years:

Not being aggressive enough in pursing the building of a new high school several years ago

Not being aggressive enough in demanding that the City and the County of Yolo provide more services to our families in need

How well is WUSD faring on student test scores? What does that tell us?

The district's test scores can be described as follows:

There has been significant gains in the test scores over the last five years

All, but one school, have good test scores when compared with similar schools throughout the State

Research states that where there is parent participation in the school the test scores are high

The relationship between parent involvement and test scores is the most significant reason as to why schools in the district do well, or do not do well.

How well is the district's money being watched and accounted for?

The district's money is being watched in a variety of ways:

Under AB1200, the County Office is responsible to certify that the district has the ability to meet its financial obligations. The County has certified the district as "positive" for the last several years

An outside CPA firm audits the district's books each year. The audit findings have always been positive

What aspect of the district most ought to be receiving more public attention?

Areas needing more public attentions include:

How important parent involvement is relative to how well schools are performing

Publicizing our successes

Forcing outside sources (e.g., the County Supervisor and the Mayor) to document their accusations about the schools, especially since they never visit the schools

The calmness in the district and the focus on "Together We Can Make A Difference"

Mary Leland

Admin., Higher Education

What specific skills would you bring to the school board?

I have a Master's Degree in Education and Administration and as an administrator at Sacramento City College, I have the unique opportunity to see first hand many of the students that graduate out of this district. I am a leader as a part of a management team, overseeing a $213 million budget.

What are your top two priorities while on the board?

Academic Achievement

Resource Development & Partnerships

How would you describe a board member's job duties and relationship with staff?

Board members work with staff by:

- Establishing a vision for the schools
- Ensuring accountability to the public
- Providing community leadership
- Maintaining an effective and efficient structure for the school district
- Employing and supporting the superintendent and setting policy for hiring other personnel. We need to hire the best and let them do their job.

Aside from new campuses and campus renovation, what are the district's greatest accomplishments in the past five years?

Building a new elementary school and moving forward with standardized curriculum.

What are the district's greatest challenges over the next five years?

Completing plans for a new high school and other facility planning issues and creating opportunities for partnering with the business community, parents, and community organizations.

How has the district come up short in the past five years?

One thing we learned in the board trainings in the Spring-board members must work well together as members of a team and they must realize demeanor has consequences and act accordingly. They must understand that the way board members act as individuals and as a body impacts the climate of the entire school district. I believe this climate could be much healthier.

How well is WUSD faring on student test scores? What does that tell us?

Fair is not good enough, good in some schools and not in others is not good enough, and we need to get from Good to Great Schools! We have seen the API scores and where we have fallen short. Our students deserve better. Teachers, staff and students are working hard, however, real leadership needs to provide the environment and tools for students and teachers to succeed. We have fallen short on this provision and this falls on the shoulders of leadership.

How well is the district's money being watched and accounted for?

I am comfortable at this point with accountability, however I feel there are ideas for increasing funding through private & public sources.

What aspect of the district most ought to be receiving more public attention?

Increased public relations emphasis, communication, continued focus on standardized curriculum and building better relationships and partnerships across the community. I also want to look at teacher compensation as it relates to the surrounding area. I have addressed many more ideas and issues, which can be reviewed on my website: www.MaryLeland.com.

David Westin

Businessman

(Photo not available)

What specific skills would you bring to the school board?

We need to put children first, politics second!

As a parent of three school-aged children, we had our fourth child 3 weeks ago. I have a passion and vested interest to ensure that all our children have an opportunity for a great education and the skills needed to succeed in the real world.

As an educator, my family and I have had a focus on childcare issues and have taught over 3,700 students. For over 13 years, I have worked closely with the Cupertino Unified School District, which is one of the top school districts in California.

Cupertino Unified API – 906

California Goal API– 800

Washington Unified API - 666

As a local businessman, I have extensive experience managing budgets, integrating technology into the workplace and bringing a "Results-Oriented" approach to student learning.

What are your top two priorities while on the board?

Transform the Washington Unified into one of the top performing school districts in the region within 4-years.

Develop a Universal Preschool Program that enables 5 year-old children to get a great educational foundation before entering kindergarten.

How would you describe a board member's job duties and relationship with staff?

Board members are responsible for hiring a Superintendent, working with him and making the District successful. A Board member should provide guidance and **NEVER** micromanage District personnel.

Aside from new campuses and campus renovation, what are the district's greatest accomplishments in the past five years?

The Washington Unified's API (how schools are measured) is 666, the State API Standard is 800. WUSD is 134 points and 17% below the State API goal. Are you happy with the actions taken by the old School? I have a proven blueprint from one of the top school districts in the State, which can be quickly implemented to turnaround Washington Unified within 4-years.

What are the district's greatest challenges over the next five years?

The greatest challenges are to quickly increase student test scores and plan for new schools. I have a proven blueprint from one of the top School Districts in the State, which can be quickly implemented to turnaround Washington Unified within 4-years.

How has the district come up short in the past five years?

The WUSD School District's API (how schools are measured) is 666, the State API Standard is 800. WUSD is 134 points and 17% below the State API goal. Schools are over-crowded, under-equipped, teachers are underpaid, news schools have not been built...Are you happy with the actions taken by the old School?

How well is WUSD faring on student test scores? What does that tell us?

WUSD API is 666, the State Standard is 800. What does that tell us? We need to put children first, politics second!

How well is the district's money being watched and accounted for?

A school principal is under investigation for embezzlement. That said, the District has made several positive personnel moves to shore-up financial accountability.

What aspect of the district most ought to be receiving more public attention?

Concrete plans for raising student test scores and planning for new schools.

A new online video game teaches kids about eating right.

(NAPS)—You may know how to prepare healthy meals and snacks, but chances are your kids don't. More than 30 percent of American schoolchildren are overweight or at risk, according to the Centers for Disease Control.

Now a new Web site is available to help reverse this trend. The cartoon characters of the land of Oliville graphically demonstrate the cause and effect of food choices with equal measures of facts and kid-appropriate grossness.

The virtual village is named for Oli, who is a walking-talking food barometer, since everything he eats immediately shows its effects. Other characters in Oliville include Steve103, Steve's know-it-all older sister Juby, their dog Bentley and a wiseacre known as Angry Guy.

While the cast of characters and the measure of kid humor are designed to encourage fun-loving game play, the underlying messages are about making better food choices and getting exercise. By making it fun, the game makes nutrition education both memorable and palatable.

The creators of Oliville have been careful not to classify foods as good or bad, and portion size and nutritional value are essential to game play. Food choices trigger different comments from the characters. The game even lets players compete for high scores.

Your kids can start the fun at www.oliville.com.

Know the true value of time; snatch, seize and enjoy every moment of it. No idleness, no laziness, no procrastination.

—Lord Chesterfield

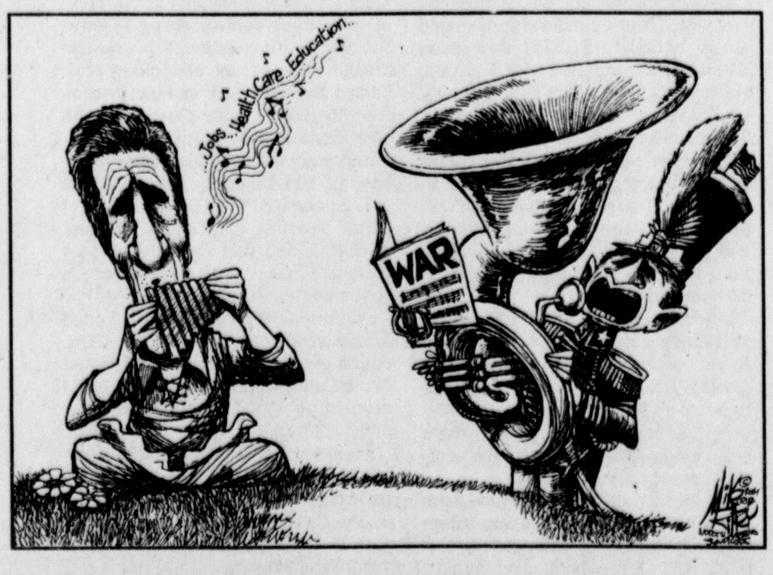
Trivia test

by Fifi Rodriguez

1. LITERATURE: Who wrote the short story called "The Lottery"?
2. GENERAL KNOWLEDGE: In 1952, Pat McCormick became the first woman to become what?
3. GEOGRAPHY: Where is the resort city of San Remo?
4. PHILOSOPHY: Which philosopher said, "Man is the measure of all things"?
5. LANGUAGE: What is the least frequently used letter in written English?
6. RELIGION: Who was the main leader of the Protestant Reformation in France?
7. HUMAN MIND: What is the psychiatric disorder known as echolalia?
8. U.S. HISTORY: The Homestead Act of 1862 granted how many acres of land to each settler?
9. MYTHOLOGY: What was the name of the knight who threw King Arthur's sword, Excalibur, into the lake?
10. TELEVISION: On "The Andy Griffith Show," what is the name of the town newspaper?

Answers

1. Shirley Jackson
2. Bullfighter
3. Italy
4. Protagoras
5. Q
6. John Calvin
7. A compulsion to repeat the last phrase heard
8. 160
9. Bedivere
10. Mayberry Gazette



Police log

Oct. 12, 4:02 p.m.
An officer contacted a 35-year old man driving with expired registration tags on West Capitol. The man ran from police after being pulled over, and attempted to take another citizen's vehicle. He was arrested. He was found in possession of marijuana, and had been driving with false registration tags and without insurance.

Oct. 12, 4:02 p.m.
A 27-year old West Sacamento woman was arrested for trying to pass a stolen check at a Sacramento Avenue store. The store owner said she had passed two other fraudulent checks in the past.

Oct. 13, 9:18 p.m.
An undercover officer was contacted by a 34-year old male transient, who agreed to sell narcotics to the YONET (Yolo Narcotics Enforcement Task Force) officer for $20. The transaction took place and the agent received 0.18 grams of rock cocaine.

Oct. 15, 2 a.m.
An officer arrested an 18-year West Sacramento man at Park and Stone boulevards. The man was found in possession of checks stolen in Sacramento.

Oct. 16, 12:30 p.m.
A victim came home to a Haverhill Street residence to find three juveniles inside. The juveniles fled with about $15,000 in jewelry and a gun.

Oct. 16 (date unclear) 10:45 a.m.
A 1990 Toyota Camry was reported stolen from Lighthouse Drive.

Oct. 16 (date unclear) 9:45 p.m.
At Rice and Holly, an officer stopped a female driver. She then drove away. The officer followed her until she stopped again. She resisted and was detained. She explained that she had driven away the first time because she was not comfortable being stopped in a dark area. She was released with a notice to appear in court.

Oct. 17, 12:15 a.m.
Along South River Road, a 2002 Mitsubishi car was found partly submerged in the river. The car's registered owner could not be reached. The vehicle was stored.

Oct. 17, 5:20 p.m.
A DVD was reported stolen at a Harbor Blvd. store.

Oct. 17, 5:26 p.m.
On Madrone Avenue, a woman woke up in her home to find her front door open. A digital camera and her car keys were gone.

Oct. 17, 10:40 p.m.
A thief trying to break into a car on Brock Ct. was scared off by a neighbor.

Oct. 17, 5:48 p.m.
At Andrew and 8th streets, police found a stored 1990 Mitsubishi Eclipse with no license plates, partly stripped.

Oct. 17, 7:59 p.m.
Near West Capitol and Walnut, two vehicles collided. The driver of one car fled on foot.

Oct. 18, 12:30 a.m.
On Haiti Road, a 1995 Honda Accord was reported stolen during the previous day or night.

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LOCAL
from p. 12

Basketball
The West Sacramento Parks Department is accepting registration for its "Junior NBA" and "Junior WNBA" basketball league, serving boys and girls age 5-14. Player draft is scheduled for Dec. 4, and all players age 8 and above must attend the draft. Cost for league play is $45 per student and play begins in January with weekend games. Volunteer coaches are needed. For more information, call www.ci.west-sacramento.ca.us or call 617-4500.

Trees
Anyone joining the National Arbor Day Foundation during the month of October will receive five free crapemyrtle trees for planting. Trees will be shipped November 1 through December 10 with instructions. The 6-12" trees are guaranteed to grow or will be replaced. Send $10 membership fee to FIVE CRAPEMYRTLES, National Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, NE 68410 by Oct. 31.

Tahoe & Apple Hill
Join the West Sacramento Senior Center in a trip to Lake Tahoe and Apple Hill on October 21. Register at the senior center, 664 Cummins Way. Cost is $25; the trip departs at 8 a.m. and returns at 7 p.m. Call Irene, 373-5819.

Elks help out football program

Elk members from the West Sacramento Elks Lodge turned out to barbecue hamburgers for about 300 kids and their parents at the Junior Raiders football game that was held on October 9th.

Pictured from left to right are Gene Hadden, Gary Wiese, Phyllis Pisi, Sherry Wiese, and Jay Kortuem.

The West Sacramento Elks take pride in supporting tomorrow's leaders today by taking part in youth activities in the West Sacramento area. Their next community function will be a repeat performance at River City High School on October 23rd when the West Sacramento Junior Raiders take on a team from Davis.

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Strange BUT TRUE

By Samantha Weaver

• 270 million years ago, the continent of Antarctica was mostly covered with forest and marsh.

• Women in America were granted the right to vote in federal elections 1920, but that doesn't mean that women stayed out of the political arena before that. In 1886, the town of Oskaloosa, Kansas, elected a town council made up entirely of women, led by a female mayor.

• The CIA has some clever gadgets for its agents. Some of the gear issued includes: a dagger that can be concealed behind a jacket's lapels, a gun that looks like a cigarette, one that can pass for a tube of toothpaste, and a comb that has secret compartments for suicide capsules and ammunition.

• It was Frenchman Joseph Joubert who observed: "To be capable of respect is today almost as rare as to be worthy of it." Think it sounds like a condemnation of modern times? Not so; he said this all the way back in the early 1800s.

• In modern times, the word "knight" has connotations of chivalry and honor, but it didn't always bring to people's minds the image of a shining hero. When it was first used, in the year 900, it simply referred to a young man. In the 10th century, male servants were called "knights"; 200 years later its usage began to resemble today's — by then, mounted soldiers were referred to as "knights." It wasn't until the 16th century that it began being used as a non-military honor awarded for a one's service to the country — as it is used today in Great Britain.

• With December rapidly approaching, here's something to keep in mind: The average American spent $835 on holiday gifts in 2003.

Answers to 'Sports Quiz' (p. 3) and Puzzles (p. 8)

Answers
1. Catfish Hunter (27) and Rollie Fingers (34).
2. Twice — 2000 and 2003.
3. The RedHawks were last ranked in 1976.
4. The Grizzlies won 28 games in the 2002-03 season.
5. Edmonton in 1990.
6. Soviet athletes won six goals, while Japanese athletes won four.
7. In 1953, Hogan won the only one he ever played in.

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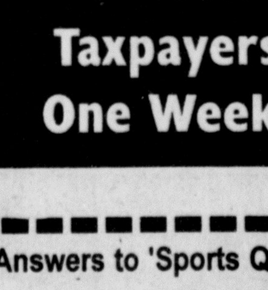
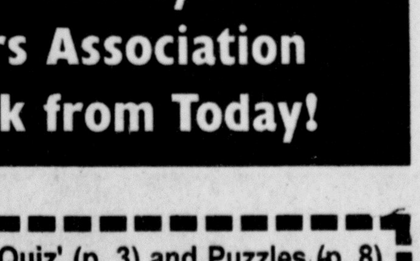
Differences: 1. Faucet is missing. 2. Cap is reversed. 3. Zipper is missing. 4. Ear is different. 5. Rake is missing. 6. Leaf bag is missing.

Rational Numbers

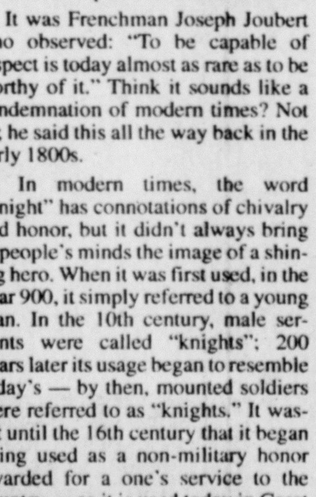
answers

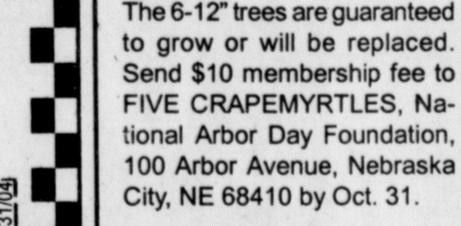
2	5	7		3	4
4		4	1		3
1	4		1	4	2
	2	7	5	4	
6	8	9		1	3
2		5	2		4
8	1		7	6	5





Mark Trail's OUTDOOR TIPS


TRANSPORTING DEAD FISH IN COLD WATER IS A QUICK WAY TO SPOIL THE FLAVOR...
Jack Elrod
DRAIN EXCESS WATER FROM YOUR ICE CHEST OCCASIONALLY AND, WHEN POSSIBLE, KEEP FISH ON TOP OF THE ICE RATHER THAN UNDER IT

West Sacramento Medical Center

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Local Scene

SMUD or PG&E?

A new website provides information on the proposal to bring West Sacramento and other Yolo County areas into the utility district served by SMUD. The website is located at www.smudannexationstudy.com. When the feasibility study is complete, West Sacramento and other affected areas will hold public hearings on the issue.

Treatment plant

An open house to celebrate the expansion of West Sacramento's water treatment plant is planned for 11 a.m. to 2 p.m. on Thursday, Oct. 21, at 400 North Harbor Blvd. There will be a dedication ceremony, barbecue and self-guided tours of the plant, which has the capacity to treat 60 million gallons of water per day from the nearby Sacramento River. The plant has remained online through the $30 million expansion which began in 2002.

Cancer walk

Participate in "Making Strides Against Breast Cancer" on Sunday, Oct. 24. Registration for the 3.1 mile route is at the west steps of the capitol between 8-10 a.m. Walkers raise money to help the American Cancer Society fight breast cancer. Call 446-7933.

'Honoring Elders'

The Sagely City of the Dharma Realm invites you to "Honoring Elders Day" from 9 a.m. to 1 p.m. on Sunday Oct. 24, 1029 West Capitol Avenue. There will be a vegetarian lunch and music performances. For more information, call 374-8268.

Food giveaway

The Food Bank of Yolo County will give food to eligible residents on Tuesday, Oct. 26. Hours are 8-9:30 a.m. at the county building on Jefferson Blvd.; 9-9:30 a.m. at Community Lutheran Church; 8:30-9:30 a.m. at Yolo Housing Authority, 685 Lighthouse Dr.; and 10-11 a.m. at the Clarksburg Firehouse. Please bring a bag. For information on eligibility or other topics, call (530) 758-6821.

Crab feed

Bryte Memorial VFW Post 9498 will host a crab feed on Saturday, Oct. 23, to benefit its annual children's Christmas party. The feed will begin at 6:30 p.m. and will include pasta, rolls, clam chowder and wine, with a raffle and live music by John Torres and the Grove Band. Cost is $30 per person and seating is limited. Visit the VFW Hall for tickets or call 371-9126.

Casino trip

The Italian Catholic Federation #282 will sponsor a bus trip to Cal Neva Casino in Reno on Monday, Oct. 25. Cost is $23, with a casino rebate of $10. Departure is 10 a.m.; return is at 9:30 p.m. Call Alma, 371-4871.

Pumpkins!

A pumpkin patch sale to benefit the West Sacramento Christmas Basket Project and Community Lutheran Church will be held daily from noon to 6:30 p.m. at Community Lutheran Church, 920 Drever Street (across from the VFW). Pumpkins will be sold through Halloween, Oct. 31.

Volunteers?

The annual West Sacramento Christmas Basket Project, which brings holiday food baskets to needy families in December, is looking for volunteers. If you can help out in November or December, please call and leave your name and number at 372-3360. You may also call Linda at 373-1744 after 6 p.m. on weekdays.

Bingo

"Bingo for Baskets" includes a tostada lunch and starts at noon on Sunday, Nov. 7, at the West Sacramento Veterans of Foreign Wars hall on Drever Street. $10 includes lunch and 15 games. Bingo prizes valued at $25-$50 as well as door prizes. Bring a friend and your dauber. Sponsored by Soroptimist International and benefiting local service projects. Call 371-4268 for tickets. Future bingo dates are Feb. 13 and April 3.

Harry Potter

A Harry Potter extravaganza will be held at the Arthur F. Turner branch library, 1212 Merkley Avenue, on Thursday, October 14, from 4-6 p.m. There will be face painting, crafts, taste-testing and more. Dress as a Harry Potter book character if you wish. For more information, call 375-6465.

Adult sports

The West Sacramento Parks Department is holding an "open gym" basketball program for people over age 18 at River City High School, every Sunday from Oct. 3 to Dec. 12. The play lasts from 5-7 p.m., and cost is $1 per player. For more information, call 617-4500.

Dinner & bunco

Holy Cross Altar Society will present "Dinner & Bunco Nite" on Sat., Nov. 6, with doors opening at 5:30 p.m. Tickets are $15 per person and include dinner and bunco games. Only 200 tickets will be sold – reserve yours early by calling Jenny Puga, 371-3861.

Lamp exchange

Exchange your old, inefficient halogen "torchiere" lamp for a FREE energy-efficient compact fluorescent torchiere on Sat., Nov. 20, between 10 a.m. and noon at the Nugget market, 2000 Town Center Plaza (at Jefferson and Lake Washington) in West Sacramento. Open to Yolo County residence with proof of an electrical utility account. Used, working-condition lamps are accepted. For more information, see www.yoloenergy.org. Sponsored by the Yolo Energy Efficiency Project.

Moose Lodge

The West Sacramento Moose Lodge plans an Oktoberfest party on Saturday, Oct. 23, with no-host cocktails at 7 p.m., followed by dinner and dancing; $12 donation. On Saturday, Oct. 30, the lodge will hold an all-you-can-eat crab feed, with no-host cocktails beginning at 6 p.m., followed by dinner and dancing ($30 donation). A traditional turkey dinner is planned for Saturday, Nov. 20 beginning at 6 p.m.; advance tickets are $8 and at-the-door tickets are $10.

Yolo history

The Yolo County Historical Society will hear a presentation by Dino Gay on the colorful history of Woodland's "Dead Cat Alley." The presentation will be held from 2-4 p.m. on Sunday, Oct. 24, at the Odd Fellows Building, corner of Third and Main. Park in the post office parking lot. No charge & open to the public.

Health activists

The Salud Clinic Advisory Board is soliciting nominations for the annual John Siden Community Service Award, honoring someone who has served the region's health and welfare. For more information, call 375-6340. Nominations are due by Nov. 1.

Please see LOCAL, p. 11

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